Stepping Up California

Update

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Council on Mentally Ill Offenders

May 19, 2016

Board of State and Community Corrections, 2590 Venture Oaks Way, Sacramento, CA 95833

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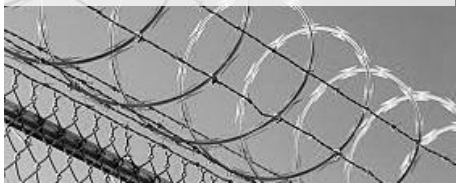
THE COUNCIL OF STATE GOVERNMENTS

Collaborative Approaches to Public Safety

Council of State Governments Justice Center

Corrections



Courts

Justice Reinvestment

Law Enforcement

Mental Health

Reentry

Substance Abuse

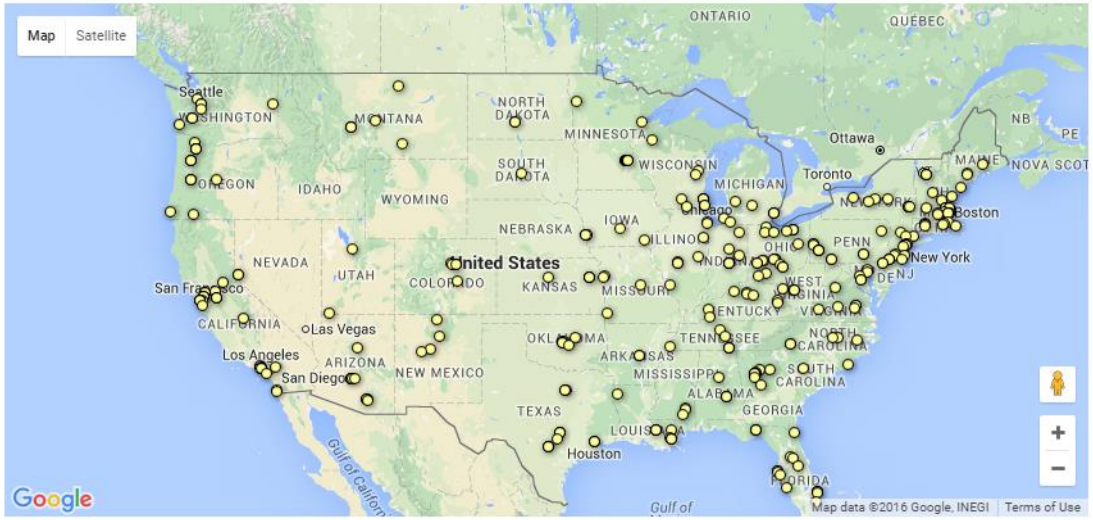
Youth

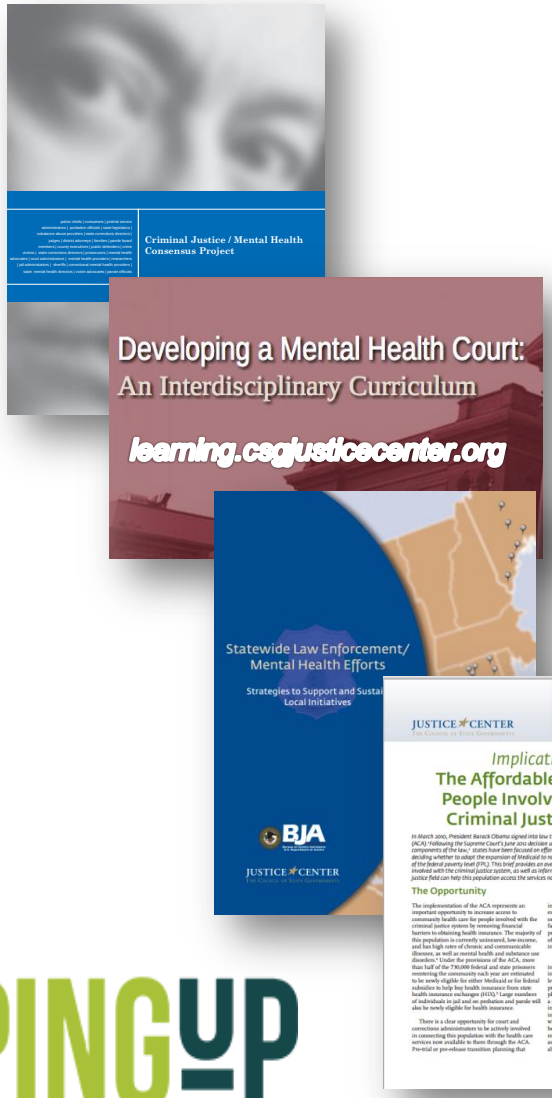
National nonprofit, nonpartisan membership association of state government officials

Represents all three branches of state government

Provides **practical advice** informed by the best available evidence

Our Behavioral Health Work





THE BUREAU OF JUSTICE ASSISTANCE
JUSTICE & MENTAL HEALTH
COLLABORATION PROGRAM

the NATIONAL REENTRY
RESOURCE CENTER
A project of the CSG Justice Center

THE
STEPPING UP
INITIATIVE

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DEPARTMENT OF CORRECTIONS AND REHABILITATION STATE OF CALIFORNIA

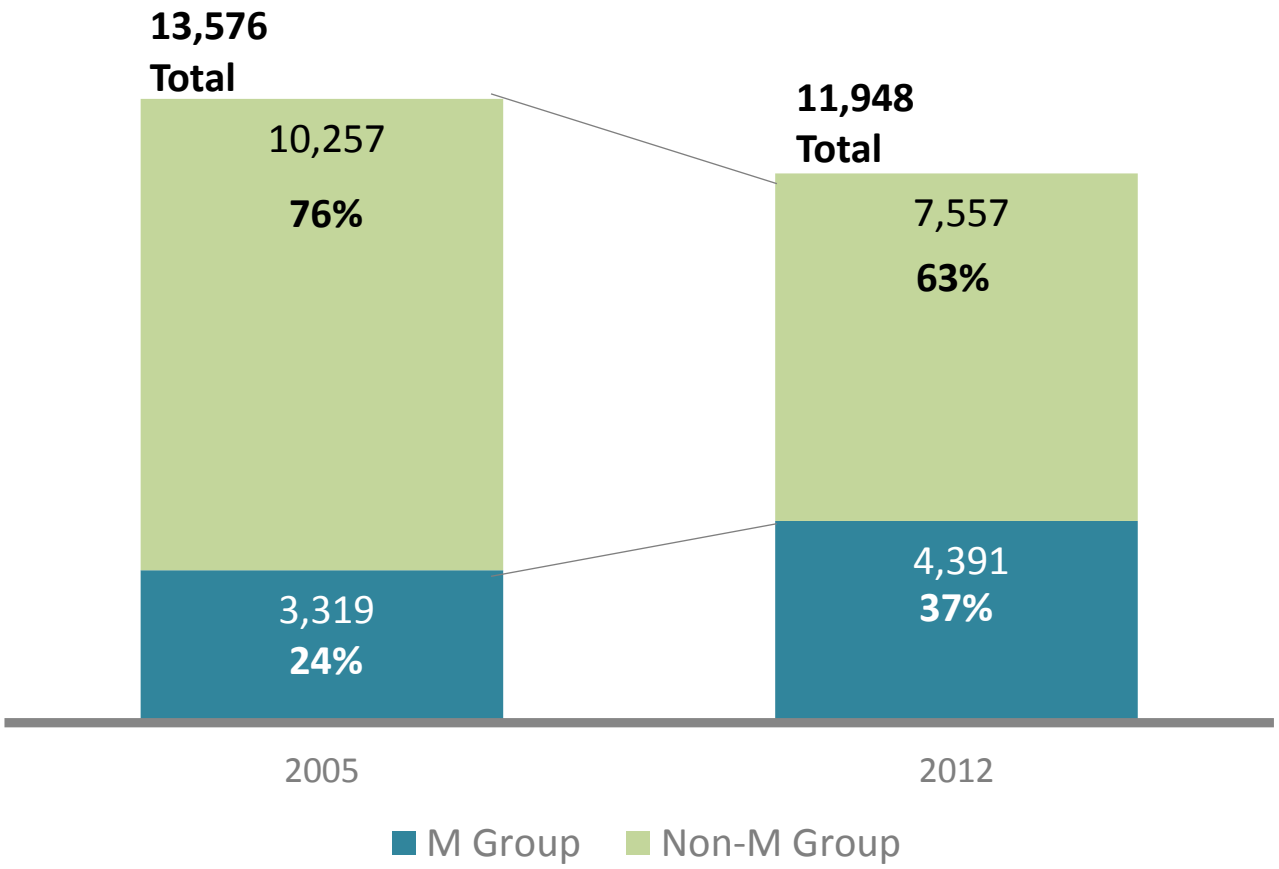
- **Launch in Sacramento May 2015**

Counties Step Up but Face Key Challenges: Why is it so hard to fix?

Jails Report Increases in the Numbers of People Mental with Illnesses

NYC Jail Population (2005-2012)

Average Daily Jail Population (ADP) and ADP with Mental Health Diagnoses



Key Challenges Counties Face: Observations from the Field

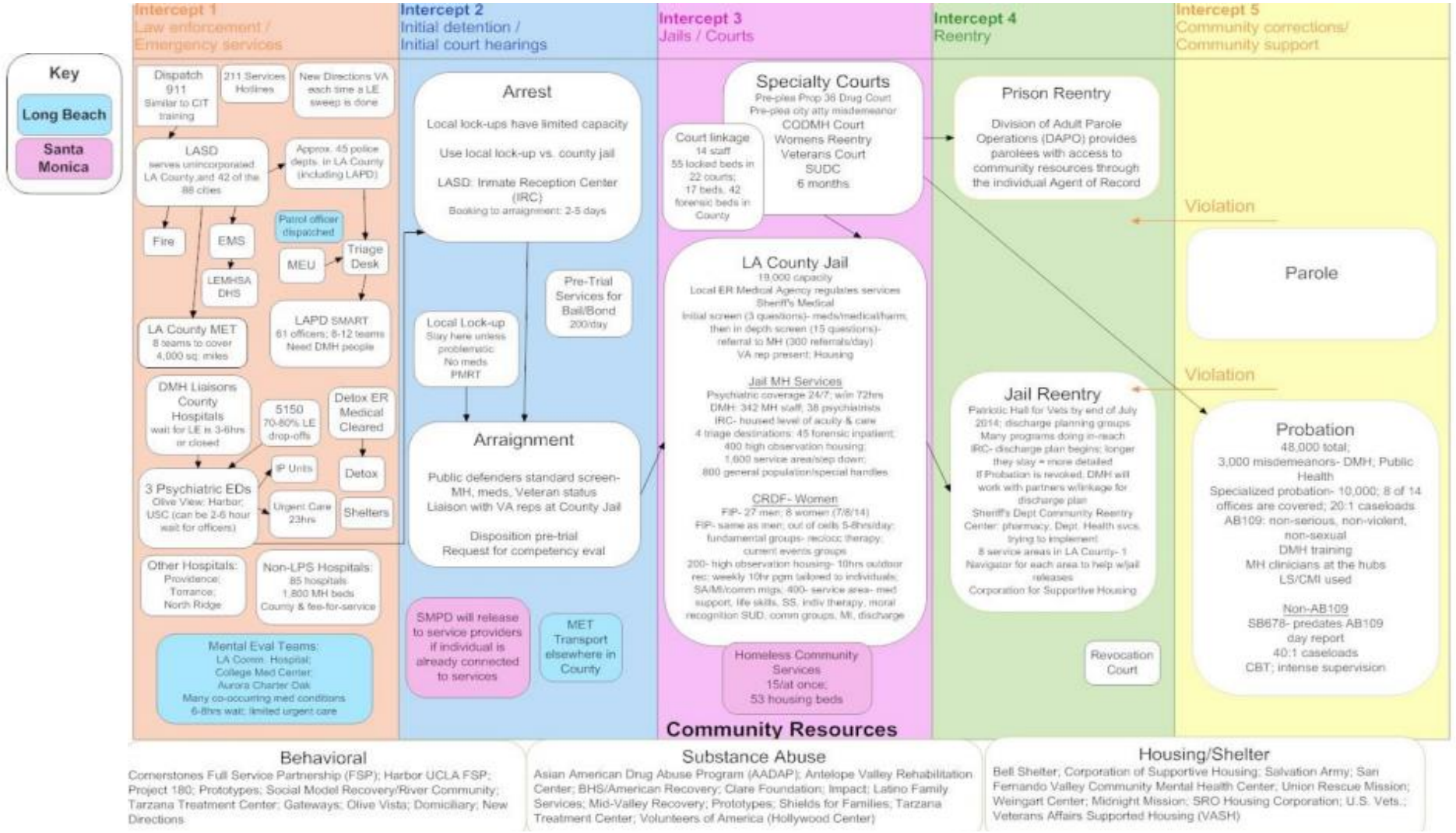
1. Being data driven

2. Using best practices

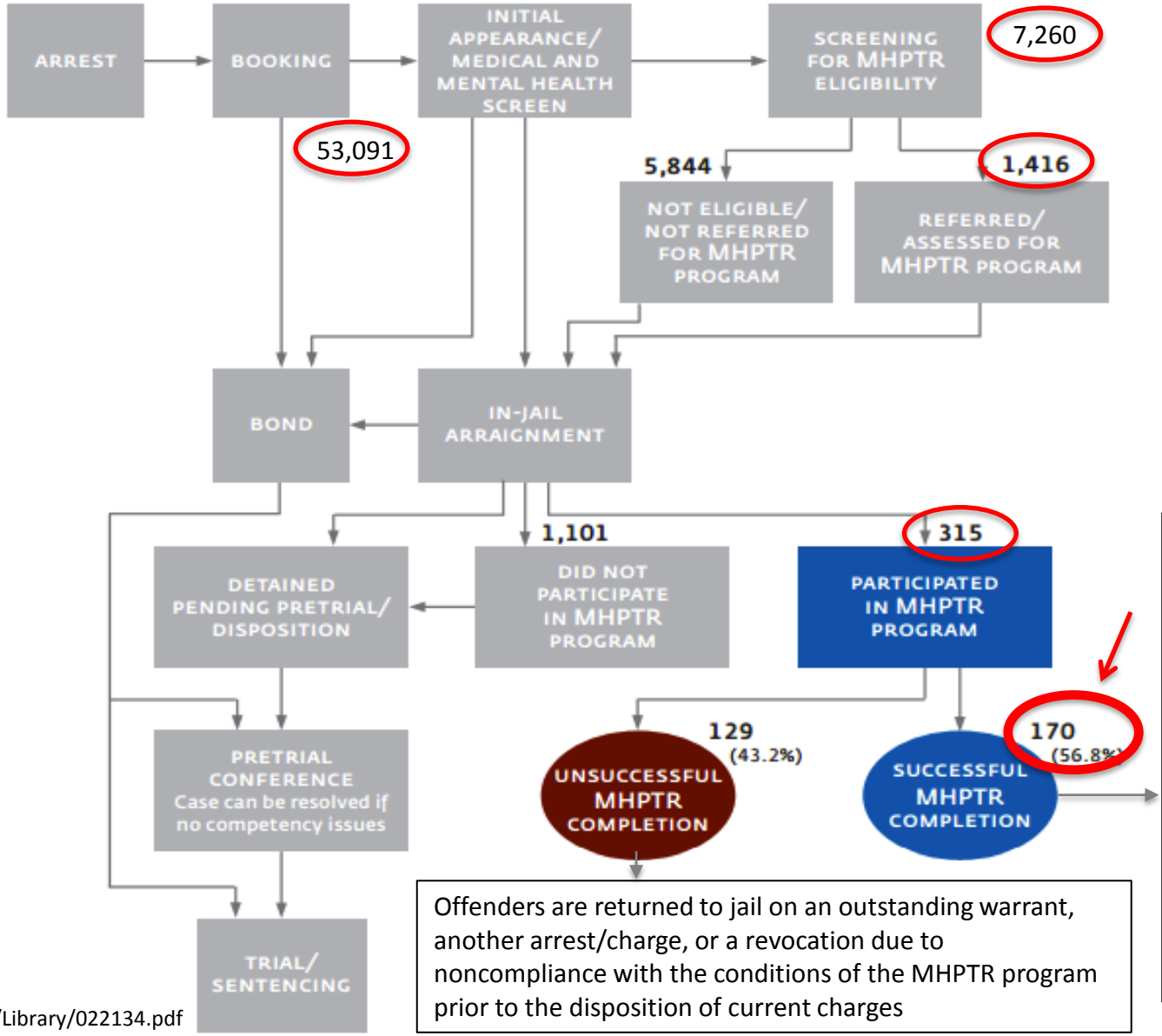
3. Continuity of care

4. Measuring results

Challenge 1 - Being data driven:
Policymakers Face Complex Systems with Limited Information



Completion of Mental Health Pretrial Release Program



Offenders are returned to jail on an outstanding warrant, another arrest/charge, or a revocation due to noncompliance with the conditions of the MHPTR program prior to the disposition of current charges

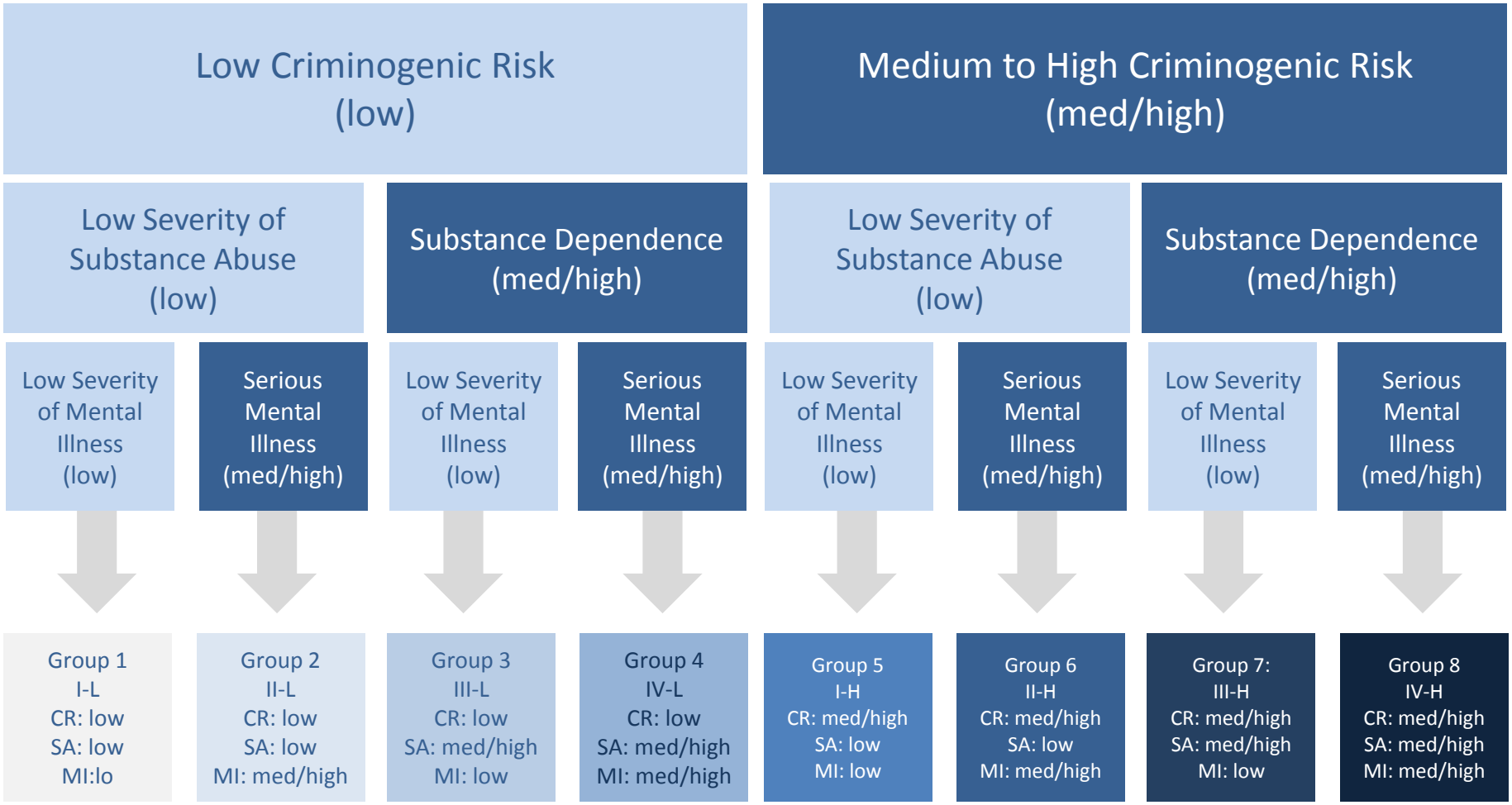
Offenders have satisfied their charges with the court system without further arrests. Time in program for successful participants varies depending on when participants satisfy their charges without further arrests

http://static.nicic.gov/Library/022134.pdf

Challenge 2 – Using Best Practices:
Not Knowing the Target Population

	County A	County B	County C	County D
Mental Health Assessment	✓	○	✓	✓ -
Substance Abuse Assessment	○	○	✓ -	○
Risk Assessment	✓ -	○	○	○

Challenge 2 – Using Best Practices:
A Framework for Prioritizing Target Population



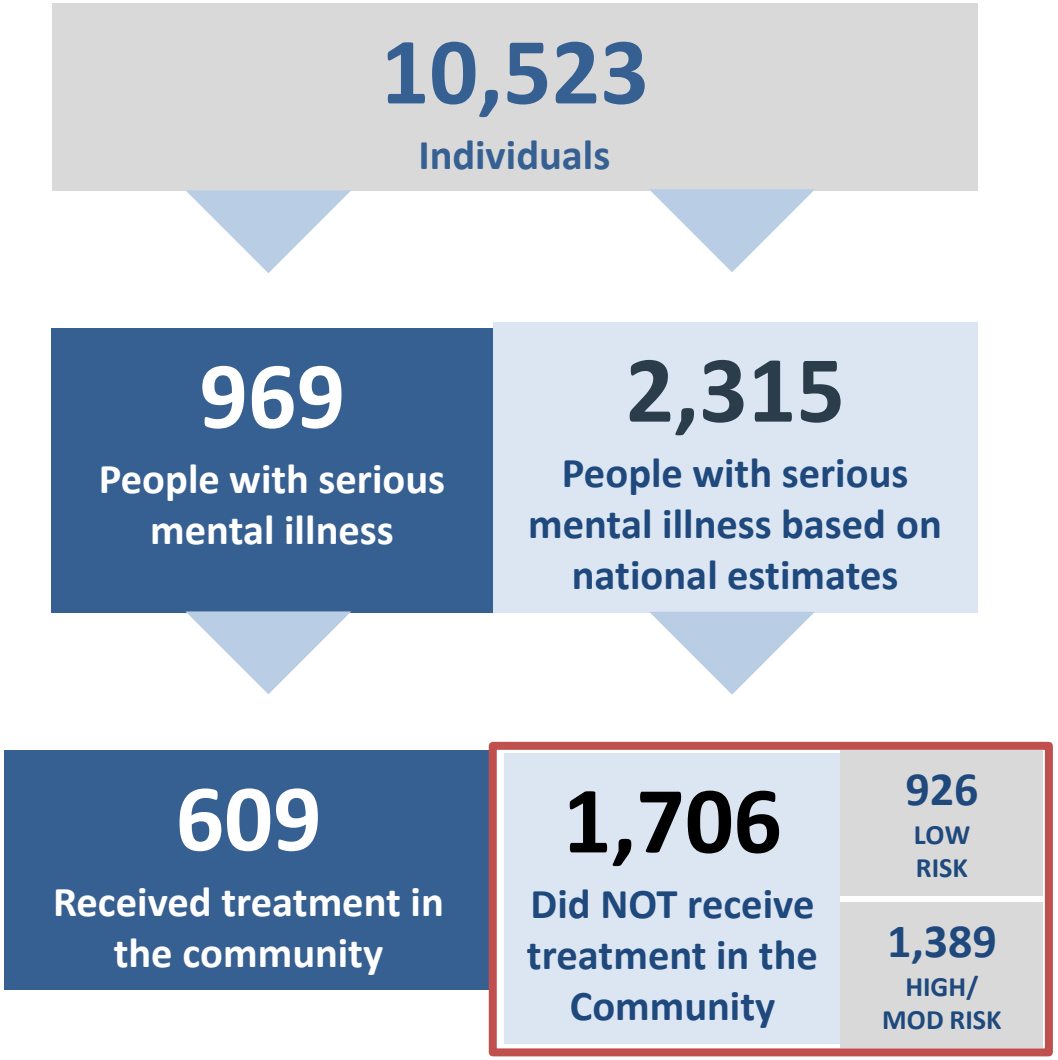
Challenge 2 – Using Best Practices:
Addressing Dynamic Needs

Dynamic Risk Factor	Need
History of antisocial behavior	Build alternative behaviors
Antisocial personality pattern	Problem solving skills, anger management
Antisocial cognition	Develop less risky thinking
Antisocial associates	Reduce association with criminal others
Family and/or marital discord	Reduce conflict, build positive relationships
Poor school and/or work performance	Enhance performance, rewards
Few leisure or recreation activities	Enhance outside involvement
Substance abuse	Reduce use through integrated treatment

Andrews (2006)

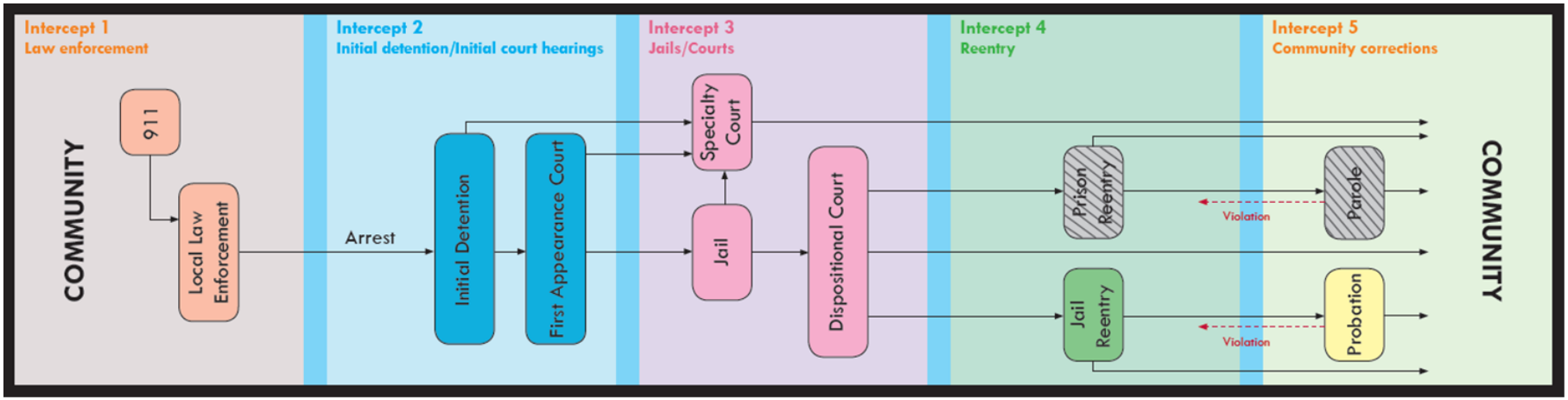
Challenge 3 – Continuity of Care

Existing Services Only Reach a Small Fraction of Those in Need



Example from Franklin County, OH

Challenge 4 – Tracking Progress:
Focusing County Leaders on Key Outcomes Measures



Outcome measures needed to evaluate impact and prioritize scare resources

1. **Reduce**
the number of people with mental illness booked into jail

2. **Shorten**
the length of stay for people with mental illnesses in jails

3. **Increase**
the percentage of people with mental illnesses in jail connected to the right services and supports

4. **Lower**
rates of recidivism

Effective Strategic Plans:
How do we more forward?

Counties Nationwide are Stepping Up

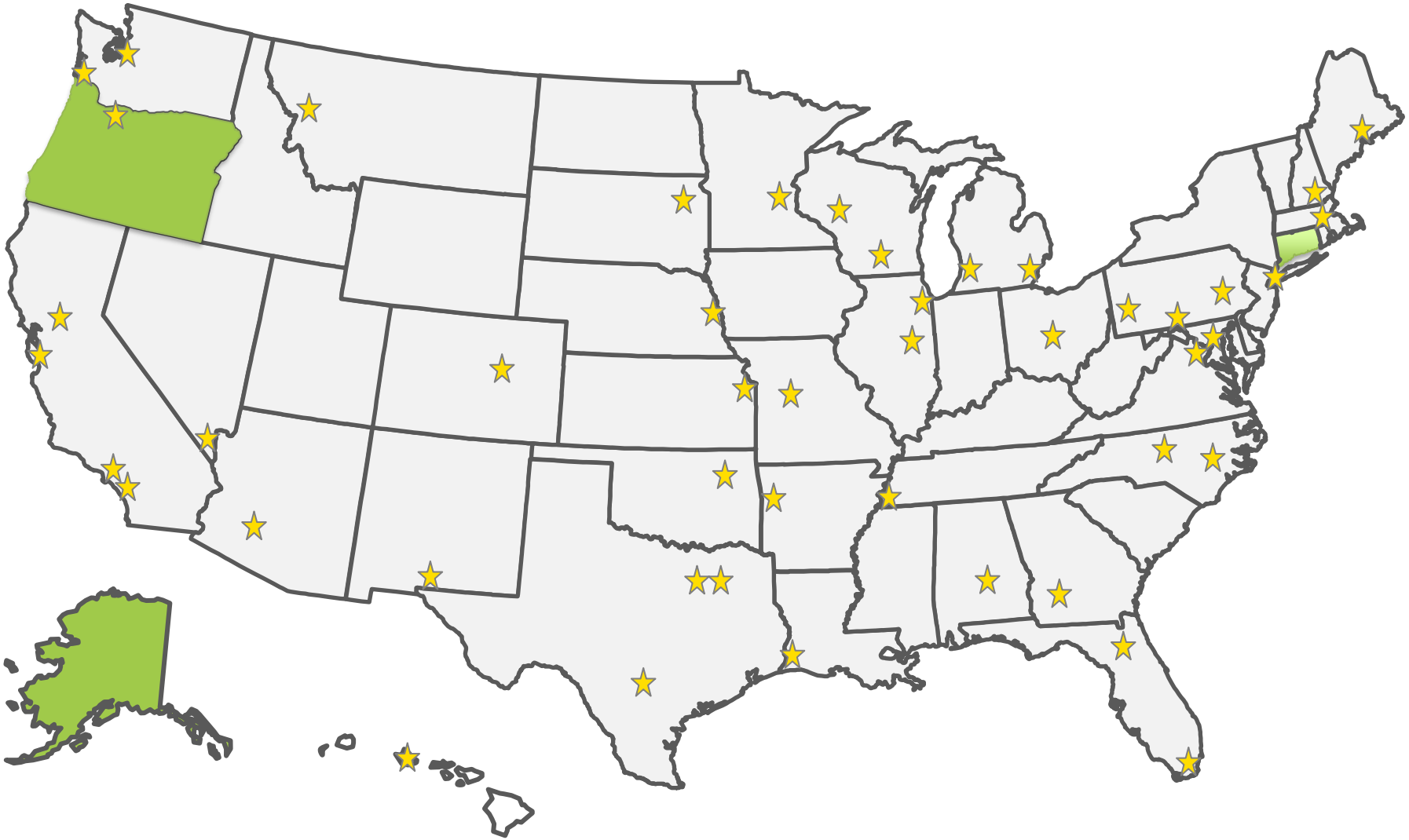
Over 100 million people reside in Stepping Up counties

How do We Know if a County is Positioned to Reduce Number of People with Mental Illness in Jail?

Six Key Questions

1. Is your leadership committed?
2. Do you have timely screening and assessment?
3. Do you have baseline data?
4. Have you conducted a comprehensive process analysis and service inventory?
5. Have you prioritized policy, practice, and funding?
6. Do you track progress?

50 Counties Attend the National Stepping Up Summit



California sent the most teams of any state

Overarching Goal

There will be fewer people with mental illnesses in our jails tomorrow than there are today.

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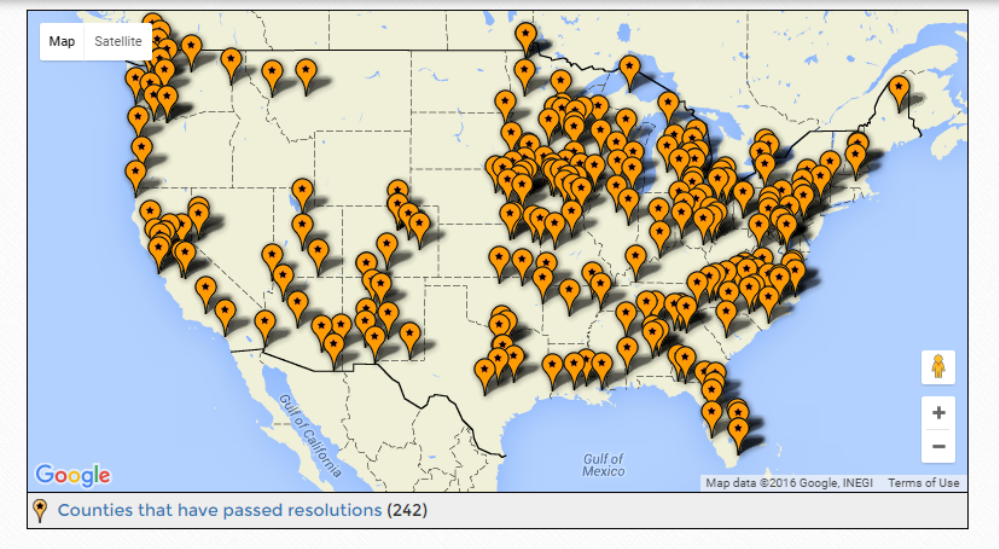
- **19 Counties have passed Resolutions**
- **4 Counties at National Summit**
- **58 County survey of practices**

19 California Counties Have Stepped Up; More Engaged



Alameda
Calaveras
Contra Costa
Del Norte
El Dorado
Imperial
Kern
Los Angeles
Madera
Mendocino
Merced
Orange
Riverside
Santa Clara
Santa Cruz
Solano
Sonoma
Yolo
Yuba

Perception of Current Practices: Statewide Survey

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http://www.counties.org/general-information/california-county-map

- **124 Responses** from Sheriffs, Behavioral Health Directors, Chief Probation Officers and designees
- Representing **all 58 counties**
- Responses to be grouped by: Region, Size, Profession
- **Perceptions** not "Proof"
- Questions follow themes from national Stepping Up initiative, including *"6 Questions County Leaders Need to Ask"*

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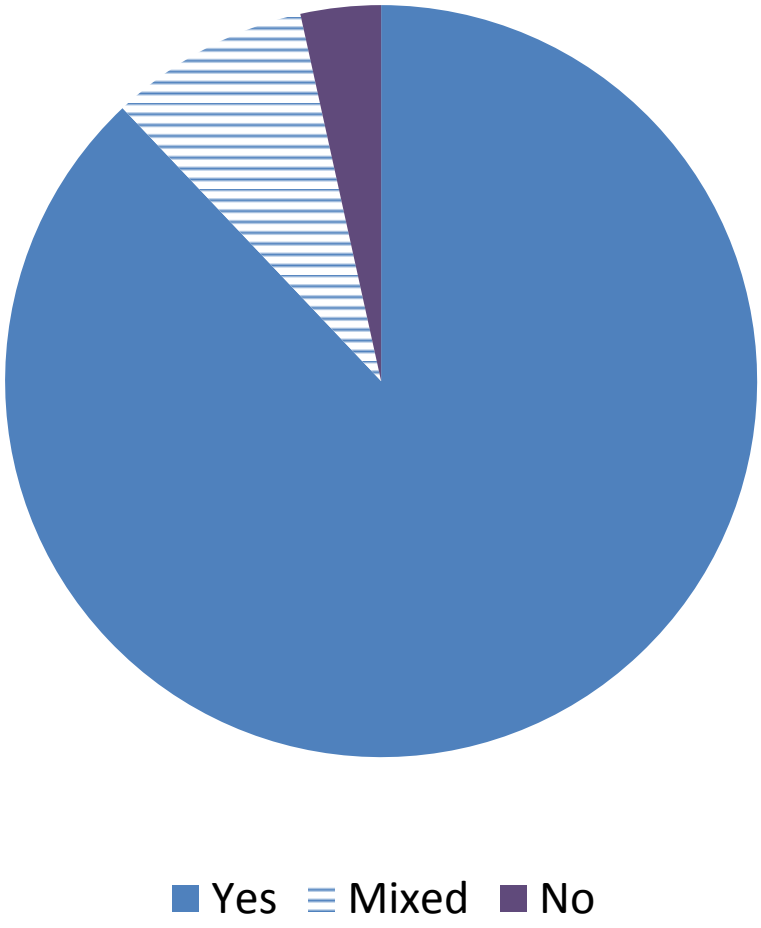
A significant issue across the state

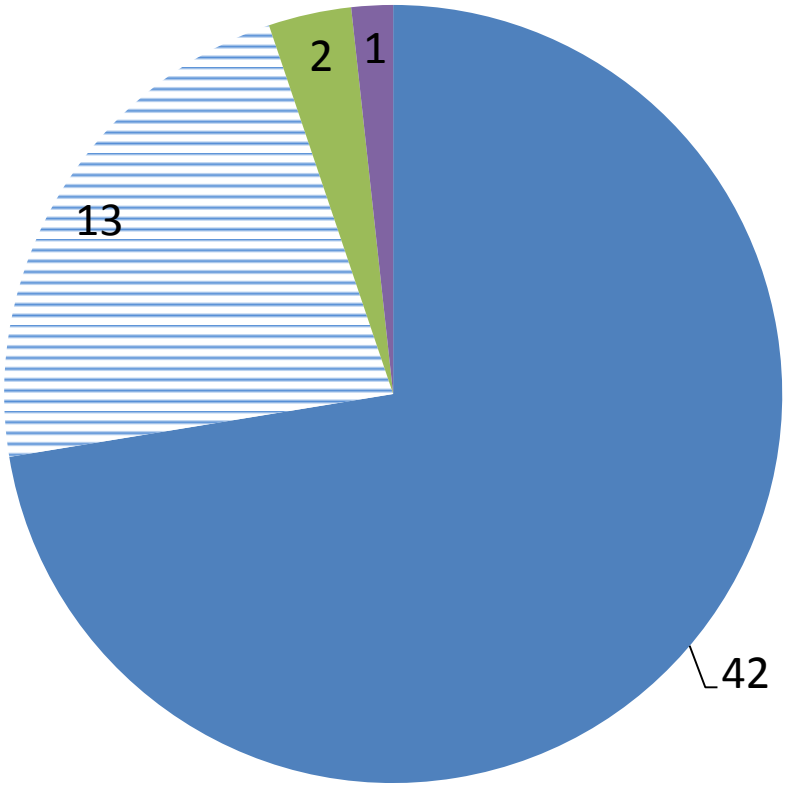
Question 1: Is the number of people with mental illnesses who are involved with the criminal justice system a significant issue in your county?

- **51 counties report "Yes"**
- 2 counties report "No"
- 5 counties had different responses from different respondents



Most Counties Report Increased # of People with Mental Illness in Jail

Question 2: What is your impression of the number of people with mental illnesses in your county's jails over the past five years?



- 100% responding Sheriffs said "It has gotten bigger."

Perception of Current Practices: *Coming Soon*

Additional analyses will cover

- Current efforts underway
- Current screening/assessment practices for mental health, substance use, and criminogenic risk
- Capacity to measure prevalence and its drivers:
  - Admissions
  - Average length of stay
  - Connections to community-based care
  - Returns to jail
- Barriers: Needed treatment capacity, Other needs
- Innovative approaches

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- **58 County survey of practices**
- **Stepping Up CA Summit**
- **Resources and support for counties**

THANK YOU

For more information, contact:

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