

*CALIFORNIA DEPARTMENT OF CORRECTIONS AND REHABILITATION  
ADULT PROGRAMS - OFFICE OF COMMUNITY PARTNERSHIPS  
PROGRAM INVENTORY 2010*



California Department of Corrections and Rehabilitation  
 Adult Programs  
 Volunteer, Inmate Leisure Time and Self-Help Program Inventory

Institution	Name of Program	Program Summary
ASP	Alcoholics Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Criminals and Gangs Anonymous (CGA)	12-step recovery program for those with the inability to stop committing crimes
	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
	Youth Adult Awareness Program	Lifer program to help cope with prison life. Focus on education, risk options, and gang avoidance, exposes kids to tours and testimonies from inmates, etc.
CAL	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Anger Management	Alternative approaches to angry and violent behavior
	Incarcerated Veterans	Addresses inmate issues concerning benefits, veteran affairs, and family benefits
	Life Without a Crutch	Address social skills and methods of dealing with peers, family and society
	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
	Straight Life	Address high risk children concerning prison life and life pitfalls
CCC	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Alcoholics Anonymous/Narcotics Anonymous Spanish	12-step recovery program where inmates learn to acknowledge alcohol and narcotic addiction and the need to live a sober life in Spanish
	Alternatives to Violence Program (AVP)	Classes regarding changes in violent behaviors
	Alternatives to Violence Project (AVP) Spanish	Classes regarding changes in violent behaviors in Spanish
	College Program	Inmates enrolled in community college correspondence classes
	Conflict Resolution Options for Peace Program (CROPP)	Inmates support one another by providing alternative methods to react to real life adversity
	Inmates Dedicated to the Education Acumen for Life (IDEAL)	Inmates help one another develop life skills and develop public speaking skills
	Laubach Literacy	Inmates learn to read and write in English
	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
	Resources and Options for Parent Effectiveness (ROPE)	Inmate participants hear effective techniques to improve their parenting skills
Veterans in Prison	Inmate veterans promote and foster a better self worth through interaction with other veterans	
CCI	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Alternatives to Violence Project (AVP)	Classes regarding changes in violent behaviors
	How About A New Direction (HAND)	12-step criminals and gang members anonymous diversion program
	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
	Purpose Driven Life	Promoting change in responding to anger, reducing drug use, and change in criminal thinking
	St. Vincent De Paul	Educates inmates in the value of giving
	Taliim	Substance abuse free living, anger management and budgeting
	Veterans in Prison	Program to educate veterans about their benefits
	White Bison	12-step alcohol and chemical dependency diversion program
	Aerobics for Health	A class using medium to high impact aerobic moves to increase heart rate and improve health.
	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Alcoholics Anonymous Spanish	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life in Spanish
	Alternatives to Violence Project (AVP)	Classes regarding changes in violent behaviors

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CCWF	American Sign Language	A self-help group that meets once a week teaching sign language
	Battered Women's Support Group	A self-help group that meets weekly as a support network for women who have suffered the effects of domestic violence
	Beyond Incarceration	Inmate education regarding drug/alcohol abuse offered by two Superior Court Judges
	Celebrate Recovery	12-step recovery program for disfunction including drugs, alcohol, sexual abuse, and anger
	Comfort Care (HOSPICE)	A self-help group of trained inmate volunteers comforting the terminally ill inmates housed in the SNF. They meet three times
	Cultural Awareness Organization	A self-help group providing speakers and presentations on cultural diversity
	Dance for Fitness	A class using dance moves for a physical fitness workout
	Diet and Nutrition	A class to educate on current nutrition facts and proper management
	Dream Group	A self-help group that focuses on what dreams teach us
	Enneagram	A self-help group that focuses on personality inventory process
	Get Out and Stay Out (GOSO)	A self-help group of inmate facilitators training their peers on interviewing, resume writing and reentry opportunities
	Girl Scout Behind Bars	A self-help group that encourages and promotes reunification and positive relationships
	Grief Workshop	A self-help group that offers tools to cope with grief and loss
	Houses of Healing	A self-help group that focuses on how to deal with anger, self worth, and forgiveness
	Juvenile Offender's Committee	A self-help group that provides tools for rehabilitation education, self-help, self-esteem, self-worth and a successful reentry
	Kairos	A self-help group teaching on love, respect of oneself and others
	Long Termers Organization (LTO)	Meets concerning lifer issues, updates on current laws
	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
	Path of Christian Living	A self-help group that deals with making peace with relationships
	Purpose Driven Life	Promoting change in responding to anger, reducing drug use, change in criminal thinking
	Purpose Driven Life - Spanish	Promoting change in responding to anger, reducing drug use, change in criminal thinking in Spanish
	Second Chance	A self-help group that meets once a week to help inmates from San Francisco to prepare for reentry
	Self Awareness	A self-help group that meets once a week dealing with self-reflections, worth, goal setting and confidence
	Self Esteem/Curves	A class using Curves equipment to help tone muscles with a variety of movements to help with confidence and self esteem
	Silver Foxes	This is a self-help program that meets monthly to discuss the needs of the aging population
	Stress Management/Yoga	A class using yoga techniques, such as deep breathing/stretching, to help relieve stressors
	The Lioness Tale Prison Project	A self-help group that practices the 12-step program and enneagram theory and personality
	The Secret Group	A self-help group that focuses on changing attitudes for reentry
	U-Turn	A self-help group that meets twice a month to provide drug and alcohol diversion programs to middle school children
	Veterans' Support Group	A self-help group that meets twice a month to provide Veterans' Affairs benefit and reentry information to vets as well as projects to support community charities
Weltone	A class using a combination of bands, aerobic, etc. to give a combination workout	
White Bison	12-step alcohol and chemical dependency diversion program	
Women of Color	A self-help group that focuses on learning to embrace your self worth	
Women of the Bible	A self-help group that meets once a week to discuss healthy relationships	
CEN	Alcohol Anonymous/Narcotics Anonymous	12-step recovery program where inmates learn to acknowledge alcohol and narcotic addiction and the need to live a sober life
	Alternatives to Violence (AVP)	Classes regarding changes in violent behaviors
	Cage Your Rage	Anger management
	Kairos	A self-help group teaching on love, respect of oneself and others

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	Life Without a Crutch	Address social skills and methods of dealing with peers, family and society
CIM	Alcohol Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	ASK Mentoring	Program matches inmates at each four facilities who receive little or no visits with a community volunteer. Assigned volunteers mentor inmates regarding education requirements and parole goals
	Center for the Empowering of families	Provides life skills training to inmate population to include relationship skill sets
	Life Changing Mentoring Program	Program that educates inmates regarding reunification of family and give opportunity to inmates children to be mentored in the community in which they reside
	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
	Pre-release Program	Program works with inmates who meet the 12-18 monthly release date. Program outline includes one on one life coaching skills, care team of volunteers, pre-release curriculum, and seminars.
	Prisoners reaching Independent Decision to Educate (PRIDE)	Reaching out to at-risk kids in the community
	Veterans In Prison	Inmate veterans promote and foster a better self worth through interaction with other veterans
	Victim Offender Education Program	Teaches inmates about the impact of their crimes
CIW	Al-Anon	12-step support recovery program for families and children of a substance abuser
	Alcoholics Anonymous - Spanish	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life in Spanish
	Alcoholics Anonymous -AA	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Alpha Faith Based	A Christian program with Christian curriculum that is taught to all the inmates. Inmates do not have to be Christian to participate in the program.
	ASK Mentoring	Program matches inmates at each four facilities who receive little or no visits with a community volunteer. Assigned volunteers mentor inmates regarding education requirements and parole goals.
	Black Cultural Education Awareness (BCEA)	Follows the 12-step program format with bookclub and cultural awareness
	Chaffey College	Alcoholics Anonymous degree program
	Choice Theory	Creating positive life changes
	CoDependency (CODA)	Allows inmates to examine destructive relationships that lead to substance abuse
	Conflict Resolution	Violent and anger control
	Convicted Women Against Abuse (CWAA)	Addresses abuse and trauma issues
	Garden Project	Community garden project
	Golden Girls	55 or older female issues/concerns/health
	Happy Hats	Make whimsical hats for sick children with cancer
	Long Termers Organization (LTO)	Meets concerning lifer issues and updates on current laws
	Mexican American Resources Association (MARA)	Mexican American social club
	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
	Prison Garden Project	Master gardener certificate program
	Prison Puppy Program	Assistance dog training program
	Recreational Activities Group (RAGS)	Recreation activities group
	Shalom Sisterhood	Jewish cultural group
	Sharing our Stitches Program (SOS)	Sewing bed covers for inmates housed in a skilled nursing facility
	Toastmasters	A group that teaches the skills to be an effective public speaker while fostering leadership and responsibility
	Win by Losing	Weight reduction program

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Institution	Name of Program	Program Summary
	Young Adult Networking Group (YANG)	Older inmates mentoring younger inmates
CMC	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Alcoholics Anonymous Spanish	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life in Spanish
	Literacy Council	Tutoring in language, math, and reading
	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
	Prisoners Against Child Abuse	Support charitable organizations through fundraising and raise awareness about child abuse
	Veterans in Prison	Inmate veterans promote and foster a better self worth through interaction with other veterans
CMF	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Alternative to Violence (AVP)	Volunteers teach inmates how to deal with anger in a positive manner
	Alternatives to Violence Project (AVP)	Classes regarding changes in violent behaviors
	Celebrate Recovery	12-step recovery program for dysfunction including drugs, alcohol, sexual abuse, and anger.
	Long Term Commitment Group	To educate all inmates by teaching them life skills, provide support and assistance to inmates serving a life sentence
	Music Program	Program for inmates to participate in jam sessions and music lessons
	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
	Veterans Outreach Group	To assist inmates with issues facing veterans both incarcerated and due to parole
	White Bison	12-step alcohol and chemical dependency diversion program
COR	Able Industries Program	Helps individuals find work experience to lead to employment after parole
	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Another Way	To assist juvenile offenders in choosing a positive, healthy lifestyle over a self-destructive life of crime
	Lifers and Beyond	Lifer program to enhance life skills while incarcerated, reduce stress and create an active support system
	Lifers Life	Raise awareness and improve morale among prisoners
	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
	Welfare to Work	A program that provides inmates with assistance and transitional information for obtaining employment once released from prison.
CRC	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Anger Management	Alternatives approaches to angry and violent behavior
	Espejo	Inmates meet regularly to share past experiences to help increase their confidence and self awareness
	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
	Toastmasters	A group that teaches the skills to be an effective public speaker while fostering leadership and responsibility
	Veterans program	Inmates meet regularly with a veterans representative and staff sponsor
CTF	AI-Anon	12-step support recovery program for families and children of a substance abuser
	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Alternatives to Violence (AVP)	Classes regarding changes in violent behaviors
	Balanced Re-Entry	Assist with inmates reentry through fostering education, self-help and therapy
	Criminals and Gangs Anonymous (CGA)	12-step recovery program for those with the inability to stop committing crimes
	Fathers Behind Bars	Teach and foster effective parenting skills for incarcerated persons
	Higher Education Library Project (HELP)	Coastline college program being facilitated by two retired credentialed teachers and volunteer/proctors, where inmates complete independent study
	Inner Circle (Men's support group)	The goal is to create environments that prisoners can work and explore the issues that have prevented them from living up to their full potential
	Meditation	Meditation techniques
	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life

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Institution	Name of Program	Program Summary
	Native American (AMI)	Supports sweat ceremonies, talking circles, educational activities, and song and drum practices weekly
	Recreational Activities	Includes sporting workshops and tournaments
	Rosary Group	Fostering the Catholic religious practice of praying the rosary
	Toastmasters	A group that teaches the skills to be an effective public speaker while fostering leadership and responsibility
	Veterans Group	A support group for veterans and inmates with family serving in the military
	WE CARE Juvenile Deterrent Program	A prison based program designed to introduce juvenile offenders and at-risk youths to the reality of prison life in a structured setting as a deterrent to continued criminal behavior
CVSP	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Alcoholics/Narcotics Anonymous	12-step recovery program where inmates learn to acknowledge alcohol and narcotic addiction and the need to live a sober life
	Alternative to Violence (AVP)	Volunteers teach inmates how to deal with anger in a positive manner
	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
	Toastmasters	A group that teaches the skills to be an effective public speaker while fostering leadership and responsibility
	Veterans Group	A support group for veterans and inmates with family serving in the military
DVI	African American History Committee	Planning committee which coordinates Black History Month, Juneteenth special events
	AI-Anon Presentation	Monthly presentation and referral for family of alcoholic inmates
	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Alcoholics Anonymous - Bridging the Gap Orientation	Monthly presentation and sign up for transitional assistance with Alcoholics Anonymous upon release
	Career Development Workshops	Human Resources Inc. staff provide monthly workshops on full spectrum of job search, application, writing and interview
	Caregiver's Choice Mentoring Program	Annual presentation and sign up for National mentoring program for children of incarcerated parents
	Child Support Services Workshops	Monthly workshops on child support resources and services for incarcerated parents
	Coastline Community College	College courses for inmates
	Committee for the Mexican Culture	Planning committee which coordinates Cinco de Mayo, September 16th special events
	Domestic Violence Classes	Monthly faith-based workshops on domestic violence prevention and cognitive-behavior modification strategies
	Gavel Club (Toastmasters)	A group that teaches the skills to be an effective public speaker while fostering leadership and responsibility
	Prison Reentry Initiative (PRI) New Choice, Inc.	Mexican American Alcohol Program (MAAP) facilitates a monthly reentry program
	Motivational Speaker Series	Stories of successful reentry shared by a variety of services providers and their clients. Resources and referrals available at each session.
	Multicultural Diversity Workshop	Diversity training and writing skills - Barrios Unidos of Santa Cruz and UC Santa Cruz professors
	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
	New Beginnings Recovery Ministries	Weekly faith-based recovery workshops provided in guilt management, domestic violence and anger management
	Parole Planning for Enhanced Outpatient Program	Volunteers from independent living centers, county mental health, Alcoholics Anonymous, and the Parole Outpatient Clinic present information and case management referrals
	Red Road to Sobriety	Native American 12-step program for recovery from substance abuse addiction
	Straight Life Program	Youth diversion program
	Veterans Group Presentations Mainline and RC	Presentations every other month to incarcerated veterans
Worknet of San Joaquin County (Resume/Interview)	One-Stop Center staff provide monthly workshop for reception inmates for job search skills.	
	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life

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Institution	Name of Program	Program Summary
FSP	Alpha Reentry	Faith based reentry with volunteers in group setting
	Blind Project	Special program with certification from state and federal agencies
	Military Veterans Group	Inmates meet regularly with a veterans representative and staff sponsor
	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
	Youth Diversion Program	Inmate volunteers spend one-on-one time with at-risk youth
HDSP	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Alternatives to Violence (AVP)	Classes regarding changes in violent behaviors
	Inside-Out Dad	To be able to address family issues on the inside and be better fathers to ones child/children on the inside and when paroling on the outside
	Lifers Group	A group that assists inmates with life sentences to deal with their commitment
	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
	Veterans Group	A support group for veterans and inmates with family serving in the military
ISP	Victim's Offender Educational Group	A group that helps inmates address, accept and recognize the guilt and shame of their actions and to recognize the victims and their families and to accept denial
	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Alcoholics Anonymous/Narcotics Anonymous Combo	12-step recovery program where inmates learn to acknowledge alcohol and narcotic addiction and the need to live a sober life
	Alternative to Violence (AVP)	Volunteers teach inmates how to deal with anger in a positive manner
	Braille	To initiate, develop and implement projects that assist the vision and hearing impaired
	Incarcerated Fathers	Help members develop parenting skills and be better roll models for their children
	Ironwood 4-Sight	To introduce individuals to the possible job/career opportunities available within the seeing and hearing impaired industries
	Life's too short	To offer an educational and informational tour of ISP in an attempt to divert youth from crime
	Lifer Group	To assist inmates with life sentences to deal with their commitment
	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
KVSP	Toastmasters	A group that teaches the skills to be an effective public speaker while fostering leadership and responsibility
	Veterans Group of Ironwood	To bring together veterans in the common cause to raise money to assist charitable organizations
	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Anger Management	Alternatives approaches to angry and violent behavior
	Education, Diversion, Goals, Endeavor (E.D.G.E.)	Inmates counsel youth
	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
	Parenting	Parenting skills for appropriate interaction, discipline and communication
	Parenting (facilitator training)	Case manager facilitator
	Veterans	A support group for veterans and inmates with family serving in the military
	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Anger Management	Alternatives approaches to angry and violent behavior
	Art & Visual Literacy	Provides effective leisure time activities
	Catalyst Foundation	HIV/Aids and Hepatitis awareness
	Coastline Community College	College courses for inmates
	Communications Insight	How to communicate with others clearly and effectively
	Convicts Reaching Out to People	Youth diversion program

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Institution	Name of Program	Program Summary
LAC	Creating a Healthy Society	Comunicable disease awarness
	Friends Outside	Focuses on creative conflict resolution, positive parenting, and an open line of communication
	Health Education	Yoga
	Men For Honor	Business class and creative writing
	Men Utilizing Sound to Incorporate Collaborate (MUSIC)	Inmate music band and music studies
	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
MCSP	Paving the way Foundation	Relationship building
	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Christian 12-step	Focuses on religion to make better choices/behaviors
	Criminal & Gang Members Anonymous Re-Entry	Focuses on inmates with release dates of two years or less
	Criminals and Gangs Anonymous (CGA)	12-step recovery program for those with the inability to stop committing crimes
	Juvenile Diversion Program	Youth come for tour and group sessions
	Lifer's Support Group	Address specific issues for lifers
	Purpose Driven Life	Promoting change in responding to anger, reducing drug use, and change in criminal thinking
	Self-Awareness & Recovery	Focus is on inmate awareness, recovery from crimes, changing criminal thinking and choices
	Veterans Support Group	A support group for veterans and inmates with family serving in the military
NKSP	Victim Awareness Offender Program	Focus on victims issues creating awareness and responsibility
	Alcoholics Anonymous - Road to Sobriety	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Alcoholics Anonymous - Sobriety First	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Dads Against Drugs – Other Inmate Group	Promote and encourage sobriety, and better parenting skills
	Opening eyes thru intervention	Promote and encourage sobriety
PBSP	Summit Bible College	Program provides college level courses to inmates in subjects such as, biblical studies, counseling, theology, and divinity
	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	ROCK	Dedicated to teens in trouble
PVSP	Veteran's Group	Address issues specific to veterans
	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Laubauch Literacy	Inmates learn to read and write in English
RJD	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Anger Management	Alternatives approaches to angry and violent behavior
	Celebrate Music	Music skills for inmates
	Coming Home to Stay	Reentry skills for inmates
	Commercial Drivers License: Class B	Study for Class B license (book test only)
	Convicts Reaching Out to People	Youth diversion program
	Creative Writing	Literacy skills
	Criminals and Gangs Anonymous (CGA)	12-step recovery program for those with the inability to stop committing crimes
	Fatherhood Initiative	Fatherhood/role model education
	FDIC Money Smart	Financial literacy
	Food Handlers	Employment skills
	Health Literacy	Health education
	HIV/AIDS Support Group	Health education
	Ministers & Mentors	Mentoring

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	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
	Parenting	Parenting skills for appropriate interaction, discipline and communication
	Recycling and Green Industries	Employment skills
	Say No to Drugs	Youth diversion program
	San Deigo State Uuniversity Gives Back	University student volunteers
	Showing How Insight Never Ends (SHINE)	Reentry skills
	Thinking for a Change	Cognitive behavior training
	United Through Reading	Volunteer reading program for inmates with young children
	Urban Ministry Institute	Certificate program – prison fellowship
	Veteran's Group	Veterans' support group
	Victims Impact Education Workshop	Victim impact education
SAC	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Bayside MSF Ministry (Mon)	Christian study group
	Bible Study Dewsnap	Protestant bible study group
	Bible Study Morsey	Protestant bible study group
	Buddhist Ministry	Teaching Buddhist philosophy and techniques
	Catholic Men's Group	Identification of behavior patterns and future decision making
	Chapel Choir	Evangelical music group
	Christian Science	Christian Science principles and studies
	Church of Latter Day Saints	Mormon study and practice
	Cultural Impact and Prisoner Empowerment	Literacy program
	College Program	Continuing education
	Course in Miracles	Teaching inmates to let go of hate and develop a love-based ego
	C-Veteran's Group	Veterans' support group
	Gangaji	Teaching inmates accountability
	IAM/Message of Peace	Spiritual healing and behavior modification
	Jehovah's Witness	Jehovah's Witness worship group
	Kairos Prayer & Share	Spiritual development
	Mandala	Identification of behavior patterns and choice making
	Moving Meditation	Teaching Tao philosophy and techniques
	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
	Spiritual Insight	Spiritual development
Spirituality 101	Spiritual development	
Toastmasters	A group that teaches the skills to be an effective public speaker while fostering leadership and responsibility	
Workshop in Divine Mercy	Study of the life of Jesus Christ	
SATF	Alcoholics Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Alcoholics Anonymous - Spanish	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life in Spanish
	Being Born Again	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Changes Within	Self-help group presenting information to minor offenders
	Clean and Sober	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Criminals and Gangs Anonymous (CGA)	12-step recovery program for those with the inability to stop committing crimes
	Getting it Straight	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life

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	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
	New Beginning	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
	Peer Tutoring Program	Inmates tutoring other inmates to read
	Stepping Stones	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
SCC	Alternative to Violence Facilitator Training (AVP)	Trains inmates to develop positive interaction and conflict resolution skills.
	Alternatives to Violence Project (AVP)	Classes regarding changes in violent behaviors
	Meditation	Mental clarity, focus, and calmness
	12-steps	Addresses substance abuse issues
	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Freedom & Choice	Provide alternatives to negative behavior; build social and leadership skills; and ethical decision making
	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
	Responsible Fatherhood	Peer support; enhance fatherhood skills; exploration of own experience and resulting fathering styles
	Veterans Incarcerated Program	Assists vets to build employment/social/relationship skills; support and information group
	Victims Impact	Victim realization, coping with guilt, identifying feelings
Victims Impact-Lifers Group	Victim realization, coping with guilt, identifying feelings	
	A Step Closer	Continued offender education and growth encouraging acceptance of responsibility and addressing harm caused by crimes
	Al-anon	12-step support recovery program for families and children of a substance abuser
	Alcohol Substance Abuse Treatment	Counseling and treatment for alcohol abuse
	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Alternatives to Violence Project (AVP)	Classes regarding changes in violent behaviors
	Alternatives to Violence Project (AVP) – Facilitator Training	Training of inmate facilitators to lead 22-hour intensive workshops on alternative approaches to violent behaviors/conflict resolution, plus facilitation debriefing post workshops
	Anger Management	Alternatives approaches to angry and violent behavior
	Art & Phil	Motivational ministry seminar experience through word and song
	Book Club Discussion Group	Reading comprehension and writing to compare historical events with life today
	Celebrate Recovery	12-step recovery program for disfunction including drugs, alcohol, sexual abuse, anger, etc.
	Denial Management	To effectively deal with problems, offenders must understand the types of denial mechanisms. Method of confronting denial faced by most addicts and alcoholics and overcome denial to assist them in moving forward in their treatment.
	Domestic Violence	Recognition and prevention of domestic violence
	Epictetus Club	Social skills and leadership training
	Gang Recovery	12-step gang recovery support
	Going for the Gold	Tangible and realistic goal setting
	Great Dads	Parenting skills; teaches participants how to be a better dad and assist guardian of children while incarcerated
	HIRE	Seeking job opportunities and being responsible employees
	Katargeo	This teaches members to become mature men who think, understand and express themselves responsibility, and one that is accountable for his behavior and to his family and community.
	Kingdom Living	Living out your faith/spirituality by promoting within the institution safety and security and cooperation with staff and inmates
	Kingdom of Inheritance	Intra-personal conflict resolution, self-esteem and personal confidence development
	Leadership Training	Training of facilitators – includes California Association of Alcoholism and Drug Abuse Counselors (CAADAC) Offender Mentor Group inmates
	Life without Limbs	Inspirational and motivational speaking to promote rehabilitation

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 Adult Programs  
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Institution	Name of Program	Program Summary
SOL	Lifer Crochet Group	Compassionate community support via crocheted donations from inmates
	Marriage for Success	Preparing offenders for positive relationship with wife and significant other and better ways of treating and responding with significant other
	Melissa Scott	Indepth seminar to provide inmates awareness of connection with rehabilitation, respect, healing, forgiveness, and family stability
	Men of Purpose	Mentoring program connecting offenders with external mentors to assist with communication skills and breaking the prison mindset to assist in the transition back to society primarily targeting inmates paroling within 48 months, accepting others to participate
	Motivational Musicals	Motivational ministry through word and song
	Narcotic Substance Abuse Treatment	Counseling and treatment for narcotic abuse
	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
	New Realities	Allows inmate to break inhibiting cycle of conditioned habits and become happier, fulfilled human beings
	Parenting	Parenting skills for appropriate interaction, discipline and communication
	Passport to Purpose	Find clarity to God's purpose, direction and goals in live, serve God and others
	Personal Discovery	Focuses on personal development, financial planning and skills to prevent relapse. Promote community building, ability to cope with life stresses, how to maintain employment, budget, support network, and overcome doubt.
	Pre-Release	Empowering inmates with the necessary life skills to reduce the recidivism rate and collaborating with local service providers to inform of inmate needs prior to release including job fairs.
	Prison Outreach Program (POP)	Rehabilitation classes and life skills training including the regular meetings of an executive body, facilitator training, Seven Habits of Highly Effective People, Anger Management, Change for Life Strategies and Relapse Prevention
	Project Pride	Communication, anger management, relapse prevention, and managing emotions
	Purpose Driven Life	Promoting change in responding to anger, reducing drug use, and change in criminal thinking
	Sally O'Conner	Motivational ministry seminar experience through word and song
	Self-Esteem by God's Design	Teaches the eight components of self-esteem: feelings, thinking, choosing, communicating, self-awareness, moral-awareness, spiritual awareness, creativity
	Self-Help Book Group	Self-directed, self-help reading and learning
	Solano CARES – (Compassion, Accountability and Remorse Expressed through Community Service)	Compassion, accountability and remorse expressed through community service
	Solano CARES - Relay for Life	Community support focused on cancer awareness and prevention
	Solano County Child Support Services	Find clarity to God's purpose, direction and goals in live, serve God and others
	Solano Music	Provides educational instruction to teach the fundamentals of music theory and to develop musical skills and knowledge. Offers recreational activities designed to compliment insitutional functions such as graduations, ceremonies, and special events.
	Tawheed / Changing Faces	Victim centered, offender sensitive facilitated preparation and dialogue process involving victim advocates culminating with a surrogate victim panel
ToastMasters	A group that teaches the skills to be an effective public speaker while fostering leadership and responsibility	
Transformational Ministries – Prison Fellowship	Promoting change to celebrate recovery, HIRE, Going for the Gold, drug abuse and dependency.	
Veteran's Re-Entry Preparation	Connect veteran inmates paroling within 36 months to the US Department of Veterans Affairs and the veteran community for assistance and support with reentry	
Victim/Offender Reconciliation Group (VORG)	A victim centered, offender preparation and dialog process involving victim advocates and offenders	

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Institution	Name of Program	Program Summary
	Wings of Love	Motivational ministry seminar experience through word and song
	Youth Diversion Prisoners Outreach Program (POP)	Juvenile awareness and diversion program enabling inmates to relate to youth the particular events leading to incarceration, in an attempt to deter the juveniles from a life of crime and imprisonment
SQ	Addiction Counselor Training	Addiction recovery
	Addiction Recovery Counseling	Addiction recovery
	Addiction Treatment	Program for narcotics abuse
	AI-Anon	12-step support recovery program for families and children of a substance abuser
	Alliance for Change	Pre/post release socialization of prisoners to increase successful community reintegration
	American Indian Cultural Group	American Indian cultural education
	Bible Bootcamp	Spiritual connection and development
	Buddhist Meditation Group	Spiritual practice
	CA Reentry Program	Pre-release reentry advising for practical support issues
	Centerforce Back to Family	Family reunification
	Centerforce Couples Enhancement Workshop	Family reunification and case management
	Centerforce Inmate Peer Health Education	Health education
	Centerforce Inmate Peer Health Education	Health education facilitator training
	Child Support Services	Child support services works with inmates and their children
	Contra Costa County Reentry Initiative	Pre/post release preparation and connection to resources
	Developing Positive Attitude	Attitudinal healing
	Fathers-Literacy Program	Literacy and parenting
	Free to Succeed	Literacy and GED Preparation
	GED Prep	GED tutoring and testing
	God Chasers	Spiritual connection and development
	Incarcerated Men Putting Away Childish Things	Self-awareness and personal growth
	Insight Garden Program	Cultivating personal awareness through gardening
	Insight Prison Project - The Work	Cognitive behavioral change; self-inquiry
	Insight Prison Project Integral Health Program	Yoga, stress management and health awareness program
	Insight Prison Project 'Orale la Raza' Program	Domestic abuse, immigration issues, and addiction recovery
	Insight Prison Project Brothers' Keepers Program	Suicide awareness, peer support education, rape trauma counseling
	Insight Prison Project Mindfulness Meditation	Stress reduction program
	Insight Prison Project Red Road to Sobriety Program	12-step program with Native American spiritual focus
	IPP Katargeo	Cognitive behavioral change
	IPP Victim Offender Education Group	Crime victim awareness/offender dialogue
	IPP Violence Prevention Program	Anger management/domestic, gang violence prevention
	Kairos	A self-help group teaching on love, respect of oneself and others
Keepin It Real	Group process/life skills	
Malachai Dad	Fatherhood and responsibility	
Meet Me at the Gate	Reentry resource networking and preparation	
Members of Modern American Society (MOMAS)	Sustained self worth through understanding and skills development of 21st century financial, business, and employment technologies	
Milatti-Islami	12-step program based on Islamic traditions	
New Leaf on Life	Lifers support group	

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	Non-Violent Communications	Education and practice for effective communication
	Pen Pals	Dog fostering/personal responsibility development
	PRI-Alameda	Pre/post release preparation and connection to resources
	Prison Art Program (PAP)	Inmates teaching art and participating in art fundamentals
	Prison University Project-AA Degree & College Prep	AA degree program
	Project Choice-Alameda	Pre/post release preparation and connection to resources
	Project REACH	Peer tutoring and literacy mentoring
	Reaching Beyond the Walls	Missionary awareness and support
	Real Choices	Youth diversion program
	ReEntry Action Planning	Reentry coaching pre-release and post release follow up
	Re-Start Tools	Addiction recovery support group and cognitive behavioral change
	San Quentin Arts Program	Performing and fine arts education with opportunities for demonstration
	San Quentin Thousand Mile Club	Personal goal setting and coaching
	Spanish Bible Study	Spiritual connection and development
	SQ Bike Program	Charitable bike refurbishing
	SQUIRES	Self-awareness and youth diversion
	Successful Transitions and New Directon Utilizing Partnerships (STAND-UP)	Programming comprised of a multitude of program opportunities covering academic, life skills, cognitive behavioral change, parole planning, and post-release support
	Stayin' Out Program	Pre-parole preparation, connections with community programs
	The Green Life	Group process, life skills and environmental awareness
	This Sacred Space	Self-examination and meditation
	TRUST / Richmond Project-Contra Costa	Creating values change and fostering safer communities
	Veterans Information Project	Access to benefits and resource information, discharge upgrade
	Victim Offender Education Program	Teaches inmates about the impact of their crimes
Vietnam Veterans Group of San Quentin	Veterans issues and veteran-related activities	
Violence Prevention/Man Alive	Anger management	
SVSP	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Alternative to Violence (AVP)	Volunteers come in and teach how to deal with anger in a positive manner
	Breaking Barriers	The group's specific purpose is to break an inhibiting cycle of conditioned habits and help inmates become more productive and fulfilled human beings while learning about the body of knowledge found in cognitive psychology
	Code 4	Juvenile diversion program that selected inmates mentor to at risk male juveniles
	Epictetus Club	Social skills and leadership training
	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
Veterans	Provide aid and support to inmates that are veterans relating to benefits, PTSD, and substance abuse	
	A Place Called Self	Gender responsive recovery program designed to help women deal with their addiction
	A Women's Way	A 12-step program designed to help women deal with addiction
	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Alternative to Violence (AVP)	Volunteers come in and teach how to deal with anger in a positive manner
	Battered Women	Support group for women who have been in abusive relationships
	Beta Gamma Delta-Academic Honor Sorority	Encourage members to participate in college level academic programs
	Beyond Incarceration	Inmate education regarding drug/alcohol abuse offered by two Superior Court Judges
	Beyond Trauma	Support group for women who have faced trauma or tragedy
	Coalition for Cultural Awareness (CCA)	Encourages participation in academic and vocational programs and extra curricular activities

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VSPW	CoDependency (CODA)	Allows inmates to examine destructive relationships that lead to substance abuse
	Community Choir	Inmate choir
	Crossroads	Allows at-risk youth to come into the institution and hear inmate testimonies to discourage them from negative behavior
	Domestic Violence	Support group for women who are victims of domestic violence
	Forgiven and Set Free	Support group for women who have had an abortion
	Freedom to Choose	Program which teaches basic communication skills
	Friend 2 Friend Mentoring Program	Volunteers visit inmates weekly through visiting as a mentoring relationship
	Getting Out by Going In (GOGI)	Program designed to help women change their behavior
	Healthy Steps	Weight loss and health education group
	I Want My Life Back	Designed to help re-offenders regain social and coping skills
	Lighthouse	This is a housing facility for inmates that are disciplinary free, allowing them certain privileges and inspiring other inmates
	Long Termers' Organization (LTO)	Meets concerning lifer issues, updates on current laws
	Meditation Class	Learning self-control by the relaxation method taught in meditation
	Mother's Voice	Allows inmates to read and tape children's story books by volunteer teachers to send to their children
	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
	Networking	Provide a forum for personal growth and development, and unified support system both inside and out of prison
	Prison of Peace	Conflict resolution and peacemaking group
	Restorative Justice	Victim awareness group which teaches inmates how their crimes has affected others and their community
Silver Bells	Allows senior inmates 55 and over for sharing ideas, resources and information that will assist them	
Step Out Approved & Renewed (SOAR)	A teaching class involving a framework for prisoner transition	
Veterans Group	A support group for veterans and inmates with family serving in the military	
WSP	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
	Breaking Barriers	The group's specific purpose is to break an inhibiting cycle of conditioned habits and help inmates become more productive and fulfilled human beings while learning about the body of knowledge found in cognitive psychology
	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life