



Institute
on Aging

3575 Geary Boulevard, San Francisco, CA | ioaging.org



Institute
on Aging

If the Friendship Line is not for you,
but you still want to help,
please call 415.750.4136
or email flvolunteer@ioaging.org

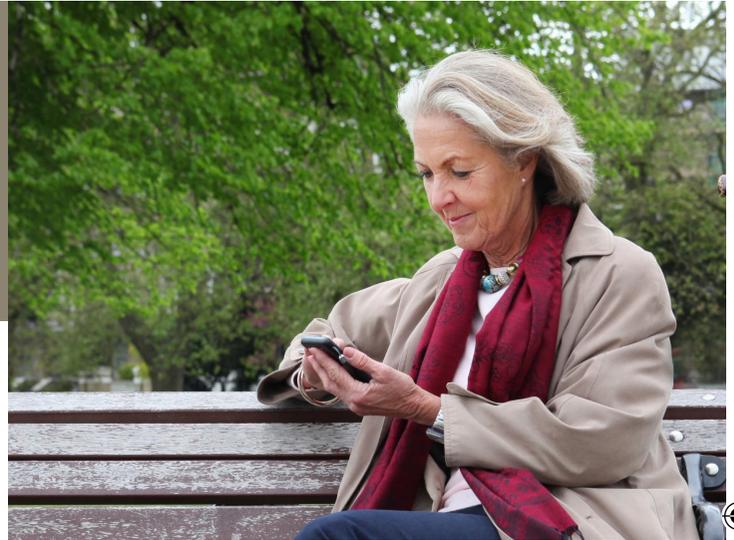
The Friendship Lines services are offered at no charge to adults and adults with disabilities.

Funding for the Friendship Line is provided by Institute on Aging, the San Francisco Department of Aging and Adult Services, private donations and other sources.

You can donate online at ioaging.org or mail a check to "The Friendship Line":

Institute on Aging
c/o The Friendship Line
3575 Geary Boulevard
San Francisco, CA 94118

Donations are tax deductible.



Friendship Line
24-Hour Telephone Hotline/Warmline



1.800.971.0016



AMERICAN ASSOCIATION
OF
SUICIDOLOGY



City and County of San Francisco
Department of Aging and Adult Services

American Association of Suicidology Accredited since September 2012



24-Hour Hotline/Warmline

Available 24 hours a day, 7 days a week

We are the nation's only 24-hour toll-free hotline for adults and adults with disabilities.

The Friendship Line is both a crisis intervention hotline and a warmline (non-urgent emotional support calls). We provide:

- Emotional Support
- Reassurance
- Crisis intervention
- Elder abuse counseling
- Check-ins
- Information
- Referrals

For many depressed and lonely seniors, we offer a lifeline of hope. In every call, the goal is to help the individual feel safe and valued.

The Friendship Line is accredited by the American Association of Suicidology.

Toll-free Hotline

There is no fee for services offered by the Friendship Line. It is 100% funded by grants and individuals who generously support the program.

Who can call the Friendship Line?

- Any person aged 60 years or older
- Adults with disabilities 18 years and older
- Caregivers of older adults and adults with disabilities

Call us today!

Call Friendship Line anytime, day or night, 7-days a week at 1.800.971.0016 and introduce yourself to one of our trained volunteers. It's that easy.

Call-In Service

We are available to who may be lonely, isolated, grieving, depressed, anxious and/or thinking about death or suicide.

Call-Out Service

Trained volunteers make outbound phone calls to those who request emotional support. These calls can be arranged by contacting Institute on Aging Connect at 415.750.4111.



What other services are available?

Institute on Aging also offers in-person group and individual grief counseling to people of all ages who have suffered a loss from suicide or a sudden or traumatic death. In addition we offer a variety of in-home and on-campus services for older adults.

If you wish to receive additional services provided by Institute on Aging, call Connect at 415.750.4111 to discuss programs that can best meet your needs.

We're here to help.