

Office of Employee Wellness

Peer Support Program (PSP)



This program was established to ensure staff involved in work related critical incidents are provided with intervention and available resources to treat the immediate effects of a traumatic incident. (Reference DOM section 31040.3.2)

Local Peer Support Teams consist of custody and non-custody staff at each institution and parole office. The Office of Employee Wellness staff are the Peer Support Team for Headquarters; however all CDCR locations have peer support available through PSP teams. There are over 900 CDCR staff trained to provide peer support.

The PSP team members are trained in providing peer support and resources to support the overall health and well being of staff. PSP teams have helped many CDCR employees and their families get through traumatic events that have taken place at work. The team members understand the impact an incident can have not only on the employee, but their family as well.

Suicide Prevention Program

The PSP has a Suicide Prevention/Intervention Program for staff. PSP team members are trained in providing support, intervention and appropriate resources. Suicide prevention pocket guides have been distributed to CDCR employees statewide to ensure staff awareness of the program and resources available to them.

Military Peer Support Program

The PSP has a Military Peer Support Program for military staff. PSP team members provide information, support, and resources to employees and their families during pre-deployment and post-deployment to military duty. This program was established to ensure support and positive working relationships between the Department and staff who have a military reserve obligation.

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PSP site: <http://www.cdcr.ca.gov/Wellness/psp.html>

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