



Parole Justice Works *With You*

Parole Readiness Education

PJW 1 Parole Overview

This unit provides an overview of the parole process, including the legal standards, the SDMF factors, and how the Board evaluates change.

PJW 2

Steps of the Parole Process

This unit covers each step of the parole process from parole eligibility and consultations to post-hearing proceedings.
(includes Mock Consultation)

PJW 3

Working with Your Attorney

This unit covers how parole representation has changed, the requirements for Panel Attorneys, the role of attorneys, and how to best work with an attorney.

PJW 4 Understanding the CRA Process

This unit explains the CRA process, how the Board considers CRAs, and how to prepare for the CRA interview.

PJW 5 Parole Hearing Prep: Accountability

This unit covers the importance of taking responsibility for criminal conduct and credibility in the parole process.
(includes Mock Hearing)

PJW 6 Parole Hearing Prep: Remorse & Victim Impact

This unit builds understanding of victim impact, its significance in the parole process, and how to prepare for victim/survivor participation at a hearing.
(includes Mock Hearing)

PJW 7 Parole Hearing Prep: Insight & Causative Factors

This unit explains the concept of insight, the impact of trauma, and how to develop an understanding of causative factors.
(includes Mock Hearing)

PJW 8 Parole Hearing Prep: Rehabilitation & Change

This unit describes the process of genuine change and how the Board considers change to determine suitability.
(includes Mock Hearing)



PJW 9 Structure of a Parole Hearing

This unit explains what to expect at a parole hearing, including the participants, order of proceedings, topics covered, and set-up of the hearing room.

PJW 10 Youth Offender Parole & *Franklin*

This unit explains the PC § 4801 youth factors, how the Board considers them, what *Franklin* hearings are, and potential sources of evidence of the youth factors.

PJW 11 Rehabilitative Programming & Self-Help

This unit covers prison programming, how to utilize and internalize programming, how the Board weighs programming, and self-help alternatives to programming.

PJW 12 Coping Skills

This unit explains coping skills and why they are important, and provides examples of coping skills for addressing difficult situations and maintaining well-being.

PJW 13 Creating Your Parole Packet

This unit describes the materials commonly submitted in a parole packet and how to create them, and discusses how and when to supplement the record.

PJW 14 Genuine Change: Understanding Shame & Embracing Vulnerability

This unit explains how to cultivate vulnerability and its importance to genuine change and parole suitability.

PJW 15 Your Journey Is Your Own: Stories of Change

This unit shares stories of change as well as advice and inspiration from people successfully released through the parole process.

PJW 16 Reentry: Preparing for Release & Succeeding

This unit describes common challenges on release and offers advice from people who are succeeding on parole and in reentry.