Health experts advise washing your cloth face covering frequently, ideally after each use, or at least daily, along with your clothes.

- Have a bag or bin to keep cloth face coverings and clothes in until they can be laundered.

- Machine wash all clothes, coverings with detergent, hot water and dry on a hot cycle.

- If you must re-wear your cloth face covering before washing, wash your hands immediately after putting it back on and avoid touching your face.