

January 2026

Month-Long Observance

Mental Wellness Month/ Poverty Awareness Month/ National Mentoring Month/ Slavery and Human Trafficking Prevention Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 ● New Year's Day	2	3 — Mahayana New Year (Buddhist)
4 ✦ World Braille Day	5 — Guru Gobind Singh (Sikh)	6 — Feast of Epiphany (Christian) — Day of the Holy Kings	7 — Orthodox Christmas Day	8	9 — Swami Vivekananda Jayanti (Hindu) ● Law Enforcement Appreciation Day	10
11 ▲ Birthday of Alice Paul (Women's Rights Pioneer) ● National Human Trafficking Awareness Day	12 ● National Pharmacist Day	13 — Lohri (Sikh) ● Korean American Day	14 — Makar Sankranti (Hindu festival to Sun God, Surya) — Orthodox New Year	15 — Bodhi Day (Buddhist)	16 ● National Religious Day — Guru Har Rai Birthday (Sikh)	17 ✦ International Mentoring Day
18 — Rohini Vrat (Jain) ✦ World Religion Day	19 ● Martin Luther King Jr. Day	20 — Guru Gobind Singh Ji Jayanti (Sikh) ● National Day of Racial Healing	21 ✦ World Religious Day	22	23 ✦ International Integrative Health Day — Vasant Panchami (Hindu) ● Maternal Health Awareness Day	24 ✦ International Day of Education (UN)
25	26 ✦ International Customs Day (UN)	27 ✦ International Day of Commemoration in Memory of the Victims of the Holocaust (UN)	28 ✦ Data Privacy Day	29	30 ● National Have Fun at Workday	31 — Guru Har Rai (Sikh)

February 2026

Month-Long Observance

Black History Month / American Heart Month/ Ethnic Equality Month/Social Justice Awareness Month/National Cancer Prevention Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 ● National Freedom Day	2 — Candlemas (Christian) ✳ World Wetlands Day	3 — Night of Forgiveness (Islam) ● National Women Physician Day	4 ▲ Rosa Parks Day ✳ World Cancer Day ✳ World Read Aloud day ● National Girls and Women in Sports Day	5	6 ✳ International Day of Zero Tolerance for Female Genital Mutilation (UN)	7 ● Safer Internet Day
8	9	10	11 ✳ International Day of Girls and Women in Science ✳ World Day of the Sick	12 ▲ Abraham Lincoln's Birthday	13 — Tu B'Shevat (Jewish) ✳ World Radio Day (UN)	14 ● Valentine's Day ▲ Frederick Douglas Birthday (Abolitionist and Social Reformer)
15 — Maha Shivaratri (Hindu) — Nivvana Day (Buddhist) ▲ Susan B. Anthony Birthday (Women's Suffrage Leader)	16 ● Presidents Day ● Washington's Birthday	17 — Shrove Tuesday / Mardi Gras (Christian) — Ramadan begins (Islam) — Lunar New Year (Year of the Horse)	18 — Ash Wednesday (Christian) — Magh Ramadan starts (Islam)	19 ✳ International Childhood Cancer Day	20 ✳ World Day of Social Justice	21 ✳ International Mother Language Day (UN)
22 ✳ World Thinking Day	23 — Clean Monday (Christian)	24	25 ● National Braille Day ● Quiet Day	26	27	28

March 2026

Month-Long Observance

National Women's History Month / National Developmental Disabilities Awareness Month/ Gender Equality Month /Deaf History Awareness Month
(March 13-April 15) / Greek American/Irish American Heritage Month / National Kidney/Colon Cancer Awareness Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <ul style="list-style-type: none"> — St. David's Day (Christian) ✳ Zero Discrimination Day (UN) ✳ Self-Injury Awareness Day 	2 <ul style="list-style-type: none"> ● Read Across America Day — Purim (Jewish) 	3 <ul style="list-style-type: none"> ✳ World Wildlife Day (UN) — Magha Puja Day (Buddhist) 	4 <ul style="list-style-type: none"> — Holi (Hindu) ● Equal Pay Day 	5	6 <ul style="list-style-type: none"> ● Employee Appreciation Day ● National Dentist's Day 	7
8 <ul style="list-style-type: none"> ✳ International Women's Day ■ Daylight Saving Time begins (Spring forward) 	9	10 <ul style="list-style-type: none"> ✳ International Day of Women Judges (UN) ▲ Harriet Tubman Day 	11 <ul style="list-style-type: none"> ● National Registered Dietitian Nutritionist Day 	12 <ul style="list-style-type: none"> ✳ World Kidney Day 	13	14 <ul style="list-style-type: none"> ✳ Pi Day — Nankshani New Year (Sikh)
15 <ul style="list-style-type: none"> ● Long COVID Awareness Day 	16 <ul style="list-style-type: none"> — Laylat al-Qadr (Islam) 	17 <ul style="list-style-type: none"> ● St Patrick Day 	18 <ul style="list-style-type: none"> — Ramadan ends 	19 <ul style="list-style-type: none"> — Chaitra Navrati begins (Hindu) 	20 <ul style="list-style-type: none"> — Eid al-Fitr (Islam) — Nowruz (Persian) ■ Vernal Equinox International Day of Happiness (UN) 	21 <ul style="list-style-type: none"> ✳ International Day for the Elimination of Racial Discrimination ✳ World Down Syndrome Day (UN)
22 <ul style="list-style-type: none"> ✳ World Water Day (UN) 	23 <ul style="list-style-type: none"> ● Atheist Day (US) 	24 <ul style="list-style-type: none"> ✳ World Tuberculosis Day (UN) 	25 <ul style="list-style-type: none"> ✳ International Day of Remembrance of the Victims of Slavery and the Transatlantic Slave Trade (UN) 	26	27 <ul style="list-style-type: none"> — Ram Naumi (Hindu) 	28
29 <ul style="list-style-type: none"> — Palm Sunday (Christian) ● National Vietnam War Veterans' Day 	30 <ul style="list-style-type: none"> ● Doctor's Day 	31 <ul style="list-style-type: none"> ● Cesar Chavez Day ✳ International Transgender Day of Visibility — Mahavir Jayanti (Jain) 				

April 2026

Month-Long Observance

Earth Month/ Celebrate Diversity Month / National Volunteer Month / National Child Abuse Prevention Month /
Autism Awareness Month / Arab-American Heritage Month/ Stress Awareness Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 - Passover begins (Jewish) • April Fools Day	2 • World Autism Awareness Day (UN) - Hanuman Jayanti (Hindu) • Maundy Thursday	3 - Good Friday (Christian)	4 • National Tartan Day (Scottish American) - Holy Saturday (Christian)
5 - Easter Sunday • International Day of Conscience (UN) ▲ Birthday of Booker T. Washington (Early Dominant Leader)	6 - Easter Monday	7 • World Health Day (UN)	8	9 - Holy Thursday (Christian) - Theravad New Year (Buddhist) - Passover ends (Jewish)	10 - Orthodox Good Friday • National Day of Silence LGBTQIAA+	11 - Solar New Year (Hindu)
12 - Orthodox Easter	13 ▲ Dolores Huerta Day - Vaisakhi (Sikh) - Orthodox Easter Monday	14 • Emancipation Day Proclamation (Black American) - Vaisakhi (Sikh New Year) • Be Kind to Lawyers Day	15 • Arbor Day (CA) • Tax Day • National American Sign Language Day	16	17	18
19 • Patriot Day	20	21 - 1 st day of Ridvan (Baha'i)	22 - Yom Ha'atzmaut (Jewish) • Earth Day • Administrative Professional Day	23 • Take our Daughters and Sons to Work	24 • National Arbor Day • Genocide Remembrance Day (CA)	25

26 * World Day for Safety and Health at Work (UN)	27	28	29 — 9 th day of Ridvan (Baha'i)	30		
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May 2026

Month-Long Observance

Mental Health Awareness Month / Asian Pacific American Heritage Month/ Better Hearing and Speech Month / Older Americans Month / Jewish American Heritage Month / Haitian Heritage Month /Indian Heritage Month / South Asian American Heritage Month/ ALS Awareness Month/ Military Appreciation Month/ Deaf Awareness Week (6th – 10th)/ Correctional Officers Week (3rd -9th)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 <ul style="list-style-type: none"> ✳ International Workers' Day (May Day) — Vesak- Buddha Day (Buddhist) ● Loyalty Day ● Law Day 	2
3 <ul style="list-style-type: none"> ✳ World Press Freedom Day (UN) 	4 <ul style="list-style-type: none"> ● Firefighters Day 	5 <ul style="list-style-type: none"> ● Cinco De Mayo ● National Day for Awareness of Missing and Murdered Indigenous Women and Girls ● National Teacher Appreciation Day 	6 <ul style="list-style-type: none"> ● National Nurse Day 	7 <ul style="list-style-type: none"> ● National Day of Prayer and Reason ● National Barrier Awareness Day 	8 <ul style="list-style-type: none"> ● National Provider Appreciation Day ● Military Spouse Appreciation Day ✳ World Red Cross Day 	9
10 <ul style="list-style-type: none"> ✳ World Lupus Day ● Mother's Day 	11	12 <ul style="list-style-type: none"> ✳ International Nurses Day 	13	14 <ul style="list-style-type: none"> — Ascension Day (Christian) 	15 <ul style="list-style-type: none"> ● Peace Officers Memorial Day ✳ International Day of Families — Haj (Islam) 	16 <ul style="list-style-type: none"> ✳ International Day of Living Together in Peace ● Armed Forces Day
17 <ul style="list-style-type: none"> ✳ International Day Against Homophobia, Transphobia and Biphobia 	18	19 <ul style="list-style-type: none"> ▲ Malcom X Day 	20 <ul style="list-style-type: none"> ✳ Emergency Medical Services for Children Day 	21 <ul style="list-style-type: none"> ✳ World day for cultural diversity for Dialogue and Development 	22 <ul style="list-style-type: none"> ▲ Harvey Milk Day — Shavuot (Jewish) ● National Maritime Day 	23
24 <ul style="list-style-type: none"> — Declaration of the Bab (Baha'i) — Pentecost (Christian) 	25 <ul style="list-style-type: none"> ● Memorial Day 	26	27 <ul style="list-style-type: none"> — Eid al-Adha (Islam) 	28 <ul style="list-style-type: none"> ✳ World Hunger Day 	29 <ul style="list-style-type: none"> — Ascension of Baha'u'llah (Baha'i) 	30 <ul style="list-style-type: none"> ✳ World Multiple Sclerosis Awareness Day

	<ul style="list-style-type: none"> ● National Missing Children's Day 					
31 <ul style="list-style-type: none"> ✳ World No-Tobacco Day — Trinity Sunday 						

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June 2026

Month-Long Observance

Pride Month (LGBTQIAA+) / Immigrant Heritage Month / National Caribbean American Heritage Month / Alzheimer's and Brain Awareness Month / Black Music Month/ Men's Health Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 ✳ Global Day of Parents (UN)	2 ● American Indian Citizenship Act of 1924	3 ✳ World Bicycle Day (UN)	4 ✳ International Day of Innocent Children Victims of Aggression (UN)	5 ✳ World Environment Day (UN)	6 ✳ D-Day
7 ✳ World Food Safety Day (UN)	8 ✳ World Oceans Day	9	10 — Eid al-Adha begins (Islam)	11	12 ● Loving Day ✳ World Day Against Child Labor (UN)	13
14 ● Race Unity Day ● National Puerto Rican Day Parade ● National Children's Day ● Flag Day ● U.S Army Birthday (251th)	15 ✳ World Elder Abuse Awareness Day	16 ✳ International Day of Family Remittances (UN) — Muharram Islamic New Year (Islam)	17	18 ✳ International Day of Countering Hate Speech (UN) — Guru Arjan (Sikh)	19 ● Juneteenth Day (Federal Holiday) ● Juneteenth (CA)	20 ✳ World Refugee Day ● American Eagle Day
21 ■ Summer Solstice ■ Longest Day of the year ✳ International Day of the Celebration of the Solstice (UN) ✳ International Day of Yoga ● Father's Day	22	23 ● Public Service Day	24	25 — Ashura (Day of Remembrance) - Islam	26 ✳ International Day Against Drug Abuse and Illicit Trafficking (UN) — Islamic New Year (Hijra)	27 ▲ Helen Keller Day (Disability Rights Activist) ● National HIV Testing Day
28 ● Christopher Street Liberation Day (LGBT Civil Rights)	29	30				

July 2026

Month-Long Observance

French American Heritage Month / Hindu Persecution Awareness Month/Disability Pride Month/National Minority Mental Health Awareness Month
National Park & Recreation Month / UV Awareness Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 — Dharma Day (Buddhist)	2 ● Thurgood Marshall's birthday (Civil Rights Activist)	3	4 ● Independence Day (250 th anniversary)
5	6	7	8	9 — Martyrdom of the Bab (Baha'i)	10	11 ✳ World Population Day (UN)
12	13	14 ● Bastille Day ● Non-Binary People's Day	15 ✳ World Youth Skills Day (UN)	16 — Puri Rath Yatra (Hindu)	17	18 ✳ Nelson Mandela International Day (Civil Rights Leader)
19	20	21	22 — Tisha B'Av (Jewish)	23	24	25 ✳ World Drowning Prevention Day
26 ● National Disability Independence Day ● Parent's Day	27 ● National Korean War Veterans Armistice Day	28	29 — Asalha Puja Day (Buddhism) — Guru Purnima (Hindu)	30 ✳ International Day of Friendship (UN) ✳ World Day Against Trafficking in Persons (UN)	31	

August 2026

Month-Long Observance

National Civility Month / National Black Business Month / Muslim Appreciation and Awareness Month/National Wellness Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 ● US Coast Guard Day (235 th)	5	6	7 ● Purple Heart Day — Guru Harkishan Singh (Sikh)	8 — Obon (Buddhism)
9 ✳ International Day of the World's Indigenous People	10	11	12 ✳ International Youth Day	13 ● Left-Handers Day	14	15 — Assumption of Mary (Christian)
16	17 — Nag Panchami (Hindu) ▲ Marcus Garvey Day	18	19 ✳ World Humanitarian Day (UN)	20	21 ● National Senior Citizens Day ✳ International Day of Remembrance and Tribute to the Victims of Terrorism (UN)	22 ✳ International Day Commemorating the Victims of Acts of Violence Based on Religion or Belief (UN)
23 ✳ International Day for the Remembrance of the Slave Trade and its Abolition ● Health Unit Coordinator Day	24	25	26 ✳ Women's Equality Day — Prophet's Birthday (Islam) — Onam (Hindu)	27	28 — Raksha Bandhan (Hindu)	29

<p>30</p> <ul style="list-style-type: none"> ● National Grief Awareness Day 	<p>31</p> <ul style="list-style-type: none"> ✦ International Day for People of African Descent (UN) ✦ International Overdose Awareness Day 					
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September 2026

Month-Long Observance

National Latino/Hispanic Heritage Month (begins 9/15) / National Recovery Month /
 Suicide Prevention Month / National Guide Dog Month /International Week of the Deaf (Sept 21-27)/ **Blood Cancer Awareness Month /
 Childhood Cancer Awareness Month/National Inclusion Week and Occupational Health Awareness Week (Sept 23-29) / Prostate Cancer
 Awareness Month**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 — Guru Granth Sahib Jayanti (Sikh)	2	3	4 — Shree Krishna Janmashtami (Hindu)	5 ★ International Day of Charity (UN)
6	7 ● Labor Day	8 — Paryushan Parv (Jain) ★ International Literacy Day ★ World Physical Therapy Day	9 ● California Admission Day	10 ★ World Suicide Prevention Day	11 ● Patriot Day ● First Responders Day	12 — Rosh Hashanah (Jewish) ● Federal Lands Cleanup Day
13 ● National Grandparent's Day	14 — Holy Cross Day	15 — Ganesh Chaturthi (Hindu) — Forgiveness Day (Jain) ★ World Afro Day ★ International Day of Democracy (UN)	16 ★ International Day of Peace	17 ● Constitution Day ● Citizenship Day ★ World Patient Safety Day (WHO)	18 ★ International Equal Pay Day ● U.S Air Force Birthday (79th) ● National POW/MIA Recognition Day ● National Aging Awareness Day	19 ● National Cleanup Day
20 ★ World Clean Up Day (UN)	21 ★ International Day of Peace ★ World Gratitude Day — Yom Kippur (Jewish)	22 — Navratri Begins (Hindu) ● American Businesswomen's Day	23 ● Bi-Visibility Day September Equinox (Autumn) ★ International Day of Sign languages (UN)	24	25 — Sukkot begins (Jewish) ● Native American Day ● Mid-Autumn Festival	26 ★ European Day of Languages ● National Public Lands Day ● National Family Health and Fitness Day

<p>27</p> <ul style="list-style-type: none"> ✦ World Tourism Day (UN) 	<p>28</p> <ul style="list-style-type: none"> ✦ International Day for Universal Access to Information (UN) 	<p>29</p> <ul style="list-style-type: none"> ✦ International Day of Awareness of Food Loss and Waste (UN) ✦ World Heart Day 	<p>30</p> <ul style="list-style-type: none"> ● National Women's Health and Fitness Day ✦ International Translation Day (UN) 			
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October 2026

Month-Long Observance

Global Diversity Awareness Month / National Work and Family Month / Family History Month
 LGBTQ History Month / National Disability Employment Awareness Month / Bullying Prevention Month
 Domestic Violence Awareness Month / Breast Cancer Awareness Month / Health Literacy Month
 National Polish/German/Filipino/Italian American Heritage Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 ✨ International Day for Older Persons (UN) — Maha Navami (Hindu) ✨ World Vegetarian Day	2 ✨ International Day of Nonviolence ▲ Mahatma Gandhi's Birthday (Civil Rights Leader) — Sukkortends (Jewish)	3 — Shemini Atzeret (Jewish)
4 — Feast of St. Francis of Assisi (Christian) — Simchat Torah (Jewish)	5 ✨ World Teacher's Day ✨ Child Health Day ✨ World Habitat Day — Jotijot (Sikh)	6 ✨ World Cerebral Palsy Day	7 — First Day of Sukkot (Jewish)	8 ✨ International Day for Natural Disaster Reduction	9 ✨ World Post Day (UN)	10 ✨ World Mental Health Day ✨ World Inclusion Day ✨ World Sight Day
11 — Sharad Navratri- 9 days begins (Hindu) ✨ International Day of the Girl Child (UN)	12 ● Native American Day ✨ World Arthritis Day ● National Freethought Day ● Indigenous People's Day	13 ● U.S Navy Birthday (251st) — Last Day of Sukkot (Jewish)	14	15 ● White Cane Safety Day ● Spirit Day (LGBTQIAA+ anti-bullying) ● Medical Assistants Recognition Day	16 ✨ World Food Day ● Boss's Day	17 ✨ International Day for the Eradication of Poverty (UN)
18	19 ✨ International Breast Cancer Day	20 — Durga Ashtami Maha Navrati ends (Hindu)	21 — Dussehra (Hindu) ✨ International Pronouns Day	22 ✨ International Stuttering Awareness Day	23 ● Paralegal Day	24 ✨ United Nation Day

		<ul style="list-style-type: none"> ★ World Osteoporosis Day 				
25	<ul style="list-style-type: none"> ● Intersex Awareness Day 	<ul style="list-style-type: none"> ★ World Day for Audiovisual Heritage 	28	<ul style="list-style-type: none"> ★ World Stroke Day 	30	<ul style="list-style-type: none"> ● Halloween

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November 2026

Month-Long Observance

Native American and Alaskan Native Heritage Month / Sikh American Awareness and Appreciation Month
 November (Month long fundraiser for men's issues) / Diabetes Awareness Month/ Hospice and Palliative Care Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <ul style="list-style-type: none"> ☐ All Saints' Day (Christian) ▣ Day Light Saving Time ends (Fall back) 	2 <ul style="list-style-type: none"> ☐ Dia de Los Muertos/Day of the Dead ☐ All Souls' Day 	3 <ul style="list-style-type: none"> ● Election Day 	4 <ul style="list-style-type: none"> ● National Stress Awareness Day 	5	6	7
8 <ul style="list-style-type: none"> ☐ Diwali or Deepavali (Hindu/Jain/Sikh/Buddhist) ☐ Bandi Chhor Divas (Sikh) 	9 <ul style="list-style-type: none"> ★ World Freedom Day ★ World Adoption Day 	10 <ul style="list-style-type: none"> ☐ Birth of the Bab (Bahai) ● U.S Marine Corps Birthday (251th) 	11 <ul style="list-style-type: none"> ● Veterans Day 	12	13 <ul style="list-style-type: none"> ★ World Kindness Day 	14 <ul style="list-style-type: none"> ★ World Diabetes Day (UN)
15	16 <ul style="list-style-type: none"> ★ International Day for Tolerance 	17	18	19 <ul style="list-style-type: none"> ★ International Men's Day 	20 <ul style="list-style-type: none"> ● Transgender Day of Remembrance (LGBTQ++) World Children's Day (UN) 	21 <ul style="list-style-type: none"> ★ World Television Day (UN)
22	23	24 <ul style="list-style-type: none"> ☐ Guru Nanak Jayanti (Sikh) ☐ Guru Tegh Bahadur (Sikh) ☐ Kartik Poornima (Hindu) 	25 <ul style="list-style-type: none"> ★ International Day for the Elimination of Violence Against Women 	26 <ul style="list-style-type: none"> ● Thanksgiving Day ☐ Day of the Covenant (Baha'i) 	27 <ul style="list-style-type: none"> ● Native American Heritage Day 	28 <ul style="list-style-type: none"> ☐ Ascension of Abdu'l-Baha (Baha'i)
29 <ul style="list-style-type: none"> ★ International Day of Solidarity with the Palestinian People (UN) ☐ First Sunday of Advent (Christian) 	30 <ul style="list-style-type: none"> ☐ St. Andrew Day (Christian) 					

December 2026

Month-Long Observance Universal Human Rights Month / AIDS Awareness Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 ✳ World AIDS Day ● Giving Tuesday — Advent- First Sunday (Christian)	2 ✳ International Day for the Abolition of Slavery (UN)	3 ✳ International Day of Persons with Disabilities (UN) ✳ World Soil Day (UN)	4 — Hanukkah begins (Jewish)	5 ✳ International Volunteer Day (UN) — Chanukah/Hanukkah - begins (Jewish)
6 — St Nicholas Day (Christian)	7 ● Pearl Harbor Remembrance Day	8 — Feast of Immaculate Conception (Christian) — Bodhi Day (Buddhist)	9 ✳ International Genocide Prevention Day ✳ International Anti-Corruption Day (UN) — Geeta Jayanti (Hindu)	10 ✳ Human Rights Day — Our Lady of Guadalupe- Feast Day (Christian)	11	12 — Feast of Our Lady of Guadalupe (Christian) ✳ International Day of Neutrality (UN) — Chanukah/Hanukkah - ends (Jewish)
13 ● U.S National Guard Day(390 th)	14 — Las Posadas begins (Mexican)	15 ● Bill of Rights Day (US)	16	17 ● Wright Brothers Day	18 ✳ International Migrants Day (UN) ✳ Arabic Language Day (UN)	19
20 ✳ International Human Solidarity Day (UN)	21 ■ Yule Winter ■ Winter Solstice (Pagan) ■ Shortest Day of Year	22	23	24 — Christmas Eve (Christian) — Las Posadas ends (Mexican)	25 — Christmas Day	26 - — Kwanzaa- First Day of Seven Day Celebration
27 ✳ International Day of Epidemic Preparedness (UN)	28 — Day of Holy Innocents (Christian)	29	30	31 ● New Year's Eve — Watch Night (Christian)		